

## Kick In The Head

64 count, 2 wall, intermediate level

Choreographer: Caron Kipreos (UK) Nov 2004  
Choreographed to: Ain't That A Kick In The Head by  
Westlife, Allow Us To Be Frank (130 bpm)

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16 count intro

### **Weave to Left with Ronde. Weave to Right ¼ turn Left & Hitch.**

- 1 - 2 Cross step Right over Left, Step Left to Left side.
- 3 - 4 Cross step Right behind Left. Ronde Left foot around from Front to Back.
- 5 - 6 Cross step Left behind Right. Step Right to Right side.
- 7 - 8 Cross step Left over Right. Hitch right knee making ¼ turn Left (facing 9 o'clock)

### **Forward Lock Forward Hitch with ½ turn Right. Forward Lock & Shuffle Forward .**

- 1 - 2 Step Forward on Right. Lock Left foot behind Right.
- 3 - 4 Step Forward on Right. Hitch Left knee making ½ turn Right. (Facing 3 o'clock)
- 5-6 Step Forward on Left. Lock Right foot behind Left
- 7&8 Shuffle Forward stepping Left, Right, Left.

### **Rock Forward. Triple ¾ Turn Right. Rock Forward . Coaster Cross**

- 1 - 2 Rock Forward on Right. Rock back on Left.
- 3&4 Triple step turning ¾ turn Right stepping Right, Left, Right. (Facing 12 o'clock)
- 5 - 6 Rock Forward on Left. Rock Back on Right.
- 7&8 Step Back on Left. Step Right beside Left. Step Left over Right.

### **Chasse Right. Rock Back. Chasse Left. Rock Back.**

- 1&2 Chasse Right to Right side, stepping Right, Left, Right
- 3 - 4 Rock Back on Left. Rock Forward on Right
- 5&6 Chasse Left to Left side stepping Left, Right, Left.
- 7-8 Rock back on Right. Rock forward on Left.

### **Weave Right. Paddle Full Turn Right**

- 1 - 2 Step Right to Right side. Cross Left behind Right.
- 3 - 4 Step Right to Right side. Cross Left over Right.
- 5& Step onto Right making ¼ turn Right. Step ball of Left foot behind right heel.
- 6& Step onto Right making ¼ turn Right. Step ball of Left foot behind right heel.
- 7& Step onto Right making ¼ turn Right. Step ball of Left foot behind right heel.
- 8 Step onto Right making ¼ turn Right. (Facing 12 o'clock)

### **Step Left, Kick. Side Right. Cross Left. Step Right, Kick. Side Left. Cross Right**

- 1 - 2 Step Left to Left side, angling body to Right diagonal. Kick Right to Right diagonal
- 3 - 4 Step Right to Right. Step Left over Right.
- 5 - 6 Step Right to Right side, angling body to Left diagonal. Kick Left to Left diagonal.
- 7 - 8 Step Left to Left. Step Right over Left.

### **Full Turn Left. Chasse Left. Rock Back. Chasse Right**

- 1 - 2 Step Left making ¼ turn Left. Bring Right beside Left making ¼ turn Left.
- 3&4 Chasse Left to Left side, stepping Left, Right, Left.
- 5 - 6 Rock Back on Right. Rock Forward on Left.
- 7&8 Chasse Right to Right side, stepping Right, Left, Right.

### **2 x Sailor Steps. Step Back. ½ Turn Right, Shuffle Forward on Left**

- 1&2 Cross Left behind Right. Step Right to Right side. Step Left in place
- 3&4 Cross Right behind Left. Step Left to Left Side. Step Right in place.
- 5 - 6 Step back on Left. Make ½ turn Right, stepping forward on Right.
- 7&8 Shuffle Forward stepping Left, Right, Left. (Facing 6 o'clock)

Can also be danced to Ain't that a Kick in the Head by Dean Martin ('The Very Best of Dean Martin')  
Ain't that a kick in the Head by Robbie Williams ('Swing When You're Winning')