



STEPPIN'OFF

Approved by:

oved by: Hedglin

THEPage

Kick Around

4 WALL - 32 COUNTS - ABSOLUTE BEGINNER			
Steps	Actual Footwork	CALLING SUGGESTION	DIRECTION
Section 1	Step Kick x 2, Box Step		
1 - 2	Step right forward. Kick left across right.	Step Kick	Forward
3 - 4	Step left forward. Kick right across left.	Step Kick	
5 - 6	Step right to right side. Close left beside right.	Side Together	Right
7 - 8	Step right back. Touch left beside right.	Back Touch	Back
Section 2	Box Step, Step Kick x 2		
1 - 2	Step left to left side. Close right beside left.	Side Together	Left
3 - 4	Step left forward. Touch right beside left.	Forward Touch	Forward
5 - 6	Step right forward. Kick left across right.	Step Kick	
7 - 8	Step left forward. Kick right across left.	Step Kick	
Section 3	Grapevine Right With 1/4 Turn Right, Heel Splits		
1 - 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 - 4	Make 1/4 turn right stepping right forward. Step left beside right.	Turn Together	Turning right
5 - 6	Split heels apart. Return heels to centre.	Heels Out In	On the spot
7 - 8	Split heels apart. Return heels to centre.	Heels Out In	
Section 4	Side Touch x 2, Side, Sways		
1 - 2	Step right to right side. Touch left beside right.	Side Touch	Right
3 - 4	Step left to left side. Touch right beside left.	Side Touch	Left
5 - 8	Step right to right side, swaying to right. Sway left. Sway right. Sway left.	Side Sway	On the spot

Choreographed by: Pam Hodgkiss (UK) July 2007

Choreographed to: 'Your Back Yard' by Burton Cummings (162 bpm) from CD The Best of Burton Cummings; also downloadable from iTunes (start on word 'long' - as in the dance Nimby)

Music Suggestion: 'Copperhead Road' by Steve Earle (160 bpm) from CD Copperhead Road, or The Collection Choreographer's note: The bonus with this dance is as a floor split with Nimby