

Kelly's Moment

Phrased, 32 count, 4 wall, intermediate level
Choreographer: Gary Lafferty (UK) Dec 2006
Choreographed to: A Moment Like This (New Mix) by
Kelly Clarkson (82 bpm)

8 count intro

STEP FORWARD ; ROCK , RECOVER , ½ TURN ; ½ TURN

- 1 Step forward on Right foot
2&3 Rock forward on Left foot , recover weight back onto Right foot ,
turn ½ Left stepping forward onto Left foot
4 Turn another ½ Left stepping back onto Right foot

LEFT COASTER-CROSS ; RIGHT SIDE-ROCK & CROSS

- 5&6 Step back on Left foot , step on Right foot beside Left , cross-step Left foot over Right
7&8 Rock to Right on Right foot , recover weight onto Left foot , cross-step Right foot over Left

FULL ROLLING TURN travelling LEFT turning RIGHT ; ROCK BEHIND , RECOVER , ¼ RIGHT

- 1 Turn ¼ Right , stepping back onto Left foot
& Turn ½ Right , stepping forward onto Right foot
2 Turn ¼ Right , stepping to Left on Left foot
This is a full rolling turn travelling to the Left, but turning over your Right shoulder to begin with
3&4 Rock Right foot behind Left , recover weight onto Left foot , turn ¼ Right stepping forward onto Right foot

STEP-LOCK-STEP , ½ TURN , ¼ TURN ; STEP FORWARD

- 5&6 Step forward on Right foot , lock-step Right foot behind Left , step forward on Left foot
&7 Turn ½ Left , stepping back onto Right foot ; Turn ¼ Left , stepping forward onto Left foot
8 Step forward on Right foot

STEP – ½ TURN – STEP ; WALK RIGHT then LEFT ;

- 1&2 Step forward on Left foot , pivot ½ turn to Right , step forward on Left foot
3-4 Step forward on Right foot , step forward on Left foot
(add a sweeping motion to these steps for styling)

ROCK FORWARD , RECOVER , STEP BACK , TOGETHER , CROSS-SHUFFLE

- 5&6 Rock forward on Right foot , recover weight onto Left foot , step back on Right foot
& Step on Left foot beside Right
7&8 Cross-step Right foot over Left , step to Left on Left foot , cross-step Right foot over Left
Think of this as a right mambo-rock forward which turns into a coaster-cross & then into a cross-shuffle

SIDE-ROCK , RECOVER ; BEHIND-SIDE-CROSS , ¼ TURN , ¼ TURN

- 1-2 Rock to Left on Left foot , recover weight onto Right foot
3&4 Cross-step Left foot behind Right , step to Right on Right foot , cross-step Left foot over Right
&5 Turn ¼ Left , stepping back onto Right foot ; turn ¼ Left , stepping to Left on Left foot

CROSS-ROCK , RECOVER , ¼ TURN ; STEP FORWARD

- 6&7 Cross-rock Right foot over Left, recover weight back onto Left foot , turn ¼ Right stepping forward onto Right foot
8 Step forward on Left foot

TAG

ROCK FORWARD , RECOVER (with HOOK) , WALK , WALK ; RIGHT MAMBO FORWARD , LEFT ANCHOR STEP

- 1-2 Rock forward on Right , recover weight onto Left (hooking Right foot across Left ankle)
3-4 Step forward on Right foot , step forward on Left foot
5&6 Rock forward on Right foot , recover weight back onto Left foot , step back on Right foot
7&8 Rock back on Left foot , recover weight onto Right foot , rock back on Left foot

Add the tag (or part of it) as follows:

- End of wall 1 Add the full 8-count tag
End of wall 2 Add only the first 4 counts of the tag
End of wall 3 Add the full 8-count tag
End of wall 4 **NO** tag
End of wall 5 Add only the first 2 counts of the tag
then continue dancing until the end of the song with **no** more tags
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DJ/INSTRUCTOR INFORMATION

Potential floor-splits are "Amazing Faith" or most other nightclub 2-steps. The dance can be done to other slow tracks of a similar tempo, just miss out the tags. The music is available on the Kelly Clarkson CD "Thankful" or download from Itunes (79p).

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