

## Keep On, Keeping On

32 Count, 4 Wall, Beginner

Choreographer: Gerald Biggs (USA) Oct 2010  
Choreographed to: Higher Ground (single) by Stevie Wonder, CD: Stevie Wonder: Song Review- A Greatest Hits Collection

---

Start on lyrics (34 count intro from where drums start)

**ROSS ROCK, RECOVER, ¼ TURNING TRIPLE STEP, FORWARD ROCK, RECOVER, ½ TURNING TRIPLE STEP**

- 1-2 Cross rock RT over LT, Recover onto LT  
3&4 ¼ turn RT stepping R,L,R (3:00)  
5-6 Step LT forward while rocking forward onto LT, Recover onto RT  
7&8 ½ turn LT stepping L,R,L (9:00)

**LINDY RT, BACK ROCK, RECOVER, LINDY LT, BACK ROCK, RECOVER**

- 1&2 Step RT to side, Step LT next to RT, Step RT to side  
3-4 Step LT back while rocking onto LT, Rock forward onto RT  
5&6 Step LT to side, Step RT next to LT, Step LT to side  
7-8 Step RT back while rocking onto RT, Rock forward onto LT

**KICK BALL CHANGE, STEP, TURN, CROSS SHUFFLE, SHUFFLE STEP FORWARD**

- 1&2 Kick RT slightly forward, Step RT next to LT, Step LT in place  
3-4 Step RT forward, Pivot turn ¼ turn LT while shifting weight LT (6:00)  
5&6 Cross shuffle ( RT over LT) R,L,R  
7&8 Shuffle step forward, L,R,L

**FORWARD ROCK, RECOVER, COASTER STEP, FORWARD ROCK, RECOVER, ¼ TURNING SAILOR STEP**

- 1-2 Rock forward onto RT while stepping RT slightly forward, Recover onto LT  
3&4 Step RT back, Step LT next to RT, Step RT forward  
5-6 Rock forward onto LT while stepping LT slightly forward, Recover onto RT  
7&8 In a sweeping motion step LT behind RT, Step RT to side while turning ¼ turn LT, Step LT next to RT (3:00)
-