

Amigo Vulnerable

32 count, 4 wall, improver level

Choreographer: Angela Rushing (USA) Sept 2007

Choreographed to: Amigo Vulnerable by Enrique

Iglesias, CD: Insomniac

Dance starts: 35 count intro (start on the words "Un Paso")

R- BACK SHUFFLE, L-BACK SHUFFLE, KICK 2X, SAILOR STEP

- 1&2 Shuffle back- right, left, right
- 3&4 Shuffle back- left, right, left
- 5&6 Kick right foot twice
- 7&8 Step right behind left, step left to left side, step right beside left

½ TURN LEFT, ROCK, BODY ROLL, TOE HEEL STRUTS DIAGONAL

- 1&2 Cross left over right, turn ½ left (weight to left)
- 3& Rock right forward body roll from right foot to left foot
- 4 Recover to left
- 5&6 Step right toe to right diagonal, step heel down
- 7&8 Step left toe to left diagonal, step heel down

CROSS, ¼ TURN, BACK LOCK, FWD MAMBO, BACK MAMBO

- 1&2 Cross right over left, making ¼ turn to right
- 3&4 Step right back, lock left over right, step right back
- 5&6 Rock right forward, recover on left, step right back
- 7&8 Rock left back, recover on right, step left forward

RIGHT GRAPEVINE WITH HITCH, LEFT GRAPEVINE WITH 1/2 TURN HITCH

- 1&2 Step right to right side, cross left behind right
- 3&4 Step right to right side, hitch left knee
- 5&6 Step left to left side, cross right behind left
- 7&8 Step left to left side, on ball of left turn 1/2 left, hitching right knee