

Keep On Rocking Baby

INTERMEDIATE

48 Count 4 Walls

Choreographed by: Colin "ColinT" Tremain

Choreographed to: On And On And On by ABBA

KICK X 2, FORWARD SHUFFLE, ROCK STEPS, BACK STEP, TOUCH

- 1 - 2 Left foot kick forward x 2
3 & 4 Left step forward, right close beside left, left step forward
5 - 6 Rock forward onto right, rock back onto left
7 - 8 Step back on right, touch left toe beside right

CROSS, 1/2 UNWIND, HIP SWINGS, HEEL TOUCH, TOE TOUCH SIDE STEP, TOE DRAW

- 9 - 10 Left step across right, unwind 1/2 turn to right
11 & 12 Left steps left, swinging hips left, right, left
13 - 14 Right heel touch forward, right toe touch behind
15 - 16 Right step right, draw left toe beside right (no weight)

STEP, 1/2 HITCH TURN, COASTER STEP, HEEL TOUCH, TOE TOUCH, SIDE STEP, TOE DRAW

- 17 - 18 Left step forward, hitch right knee turning 1/2 turn left on ball of left foot
19 & 20 Right step back, left steps beside right, right step forward
21 - 22 Left heel touch forward, left toe touch
23 - 24 Left step left, draw right toe beside left (no weight)

RIGHT KICK, KICK, BACK ROCK, KICK, 1/4 HITCH TURN, STOMP RIGHT & LEFT

- 25 - 28 Right foot kick forward x 2, rock back on right, rock forward on left
29 - 30 Right foot kick forward, hitch right knee turning 1/4 left on ball of left
31 - 32 Stomp right, stomp left

BACK STEPS WITH KICKS & CLAPS, ROCK STEPS, COASTER STEP

- 33 - 34 Right step back, left kick forward and clap
35 - 36 Left steps back, right kick forward and clap
37 - 38 Rock forward on right, rock back onto left
39 & 40 Right step back, left step beside right, right step forward

1/4 PIVOT TURNS WITH KNEE POPS, DROP HEEL X 4

- 41 Left step forward while pivoting 1/4 turn right on ball of right popping right knee forward (for style, swing both hands diagonally to lower left and click fingers)
42 Drop right heel
43 - 48 Repeat counts 41 & 42 3 times (completing a full turn)