

Keep On

32 Count, 4 Wall, Improver

Choreographer: Marissa Canale (UK) Mar 2009
Choreographed to: You'll Never Stop Me Loving You
by Young Divas (124bpm); Let Your Love Flow by
Bellamy Brothers or Alan Connor (125 bpm)

All Tracks have a 16 count intro.

1. Rock & Step, Rock & Step, Rock Forward, Recover, Full Turn Right.

1 & 2 Rock to right on right, Recover on left, Step forward on right.

3 & 4 Rock to left on left, Recover on right, Step forward on left.

5 - 6 Rock forward on right, Recover on left.

7 - 8 Turn ½ right stepping forward on right, Turn ½ right stepping forward on left.

Option : 7 – 8

Walk back right and left.

2. Coaster step, Step forward, ¼ Turn right, Cross shuffle, Side, Behind.

1 & 2 Step back on right, Step left next to right, Step forward on right.

3 - 4 Step forward on left, Turn ¼ right stepping right to the side.

5 & 6 Cross left across right, Step right to the side, Cross left across right.

7 - 8 Step right to the side, Step left behind right.

3. Turn ¼ right x 2, Kick ball touch, Left forward shuffle, Turn ½ left.

1 - 2 Step right to side turning ¼ right, Step left forward turning ¼ right.

3 & 4 Kick right foot forward, Step right in place, Touch left next to right.

5 & 6 Step forward on left, Step right next to left, Step forward on left.

7 - 8 Step forward on right, Turn ½ left on to left foot.

4. Step forward right lock right lock right, Rock forward, Recover, Full turn left.

1 & 2 Step forward on right, Lock left behind right.

3 & 4 Step forward on right, Lock left behind right, Step forward on right.

5 - 6 Rock forward on left, Recover on right.

7 & 8 Turn ½ left on to left, Turn ½ left on to right, Step forward on left.

Option : 7&8

Left coaster cross.

7&8 Step back on left, Step right next to left, Cross left over right.

Music download available from iTunes
