

## Keep My Cool

64 count, 4 wall, intermediate level

Choreographer: Stephanie Mountford (UK) May 2006

Choreographed to: Next To Me by Shayne Ward,

Album: Shayne Ward; You're My Better Half by Keith

Urban, Album: Days Go By

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16 count intro for Next to me by Shayne Ward

Start on vocals for Your my better half by Keith Urban

### **Section 1 Kick ball touch, kick ball touch, sailor step, sailor step**

- 1&2 Kick left forward, step left next to right, point right toe to right side
- 3&4 Kick right forward, step right next to left, point left toe to left side
- 5&6 Step left behind right, step right next to left, step left forward
- 7&8 Step right behind left, step left next to right, step right forward

### **Section 2 Left lock, left shuffle, rock recover, triple ¾ turn right.**

- 1-2 Step left foot forward, lock right foot behind left.
- 3&4 Step left forward, step right behind left, step left foot forward.
- 5-6 Rock right foot forward, recover onto left
- 7&8 ¾ turn right, stepping right left right.

### **Section 3 Rock and cross, rock and cross, pivot ½ x2**

- 1&2 Rock left to left side, recover onto right, cross left over right
- 3&4 Rock right to right side, recover onto left, cross right over left.
- 5&6 Step left forward pivot ½ turn right
- 7&8 Step left forward pivot ½ turn right

### **Section 4 skate forward x3, touch, vaudeville x2**

- 1-2 Skate left foot forward, skate right foot forward
- 3-4 Skate left foot forward, touch right next to left.
- 5&6 Cross right over left, step left foot back, right heel forward,
- &7&8 Step right foot back into place, cross left over right, step right back, left heel forward, step left foot back into place.

### **Section 5 ½ turn, ¼ turn vaudeville x2**

- 1-6 Step forward right, pivot ½ turn left
- 3-4 Step forward right pivot ¼ turn left
- 5&6 Cross right over left, step left foot back, right heel forward,
- 7&8 Step right foot back into place, cross left over right, step right back, left heel forward, step left foot into place.

### **Section 6 rock recover, slide back, knee pop, walk x2, right shuffle**

- 1-2 Rock forward onto right foot, recover onto left foot,
- 3-4 Slide right foot back, slide left foot back as you pop right knee.
- 5-6 Walk forward right, left
- 7&8 Right shuffle forward right, left, right

### **Section 7 rock recover triple ¾ left, side touches, heel digs.**

- 1-2 Rock forward onto left recover onto right foot
- 3&4 Triple ¾ turn left, stepping left right left
- 5&6 Touch right toe to right side, step right next to left, touch left to left side
- &7&8 Step left next to right, tap right heel forward, step right foot back into place, tap left heel forward, step left foot back into place.

### **Section 8 toe touches with hold x2, walk x3, touch.**

- 1-2 Touch right toe next to left, hold
  - &3-4 Step right into place, touch left toe next to right, hold
  - &5-6 Step left foot into place, walk forward right, left
  - 7-8 Walk forward right, touch left next to right.(weight ends on right)
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