

## Keep Me Hangin On

48 count, 4 wall, beginner/intermediate level  
Choreographer: Ross Brown (UK) Sept 2004  
Choreographed to: You Keep Me Hangin' On by The  
Supremes from Diana Ross & The Supremes  
The No. 1's

---

Intro:32 (from the start of the track)

### **DIAGONAL SHUFFLE, 1/2 ROLL, DIAGONAL SHUFFLE, ROCK BACK**

1&2: Step right foot diagonally forward right, bring left up to right, step right foot diagonally forward right.  
3-4: Roll hips clockwise from the back to the front whilst turning a 1/2 right.  
5&6: Step left foot diagonally back left, bring right up to left, step left foot diagonally back left.  
7-8: Rock back with right, recover onto left.

### **DIAGONAL SHUFFLE, 1/2 ROLL, DIAGONAL SHUFFLE, ROCK BACK**

1&2: Step right foot diagonally forward right, bring left up to right, step right foot diagonally forward right.  
3-4: Roll hips clockwise from the back to the front whilst turning a 1/2 right.  
5&6: Step left foot diagonally back left, bring right up to left, step left foot diagonally back left.  
7-8: Rock back with right, recover onto left.

### **STEP, 1/2 TURNING KICK, COASTER STEP, STEP, 1/2 TURNING KICK, COASTER STEP**

1-2: Step forward with right, pivot a 1/2 left whilst kicking left foot forward.  
3&4: Step back with left, step right next to left, step forward with left.  
5-6: Step forward with right, pivot a 1/2 left whilst kicking left foot forward.  
7&8: Step back with left, step right next to left, step forward with left.

### **SIDE BEHIND & CROSS, 1/2 UNWIND, SIDE BEHIND & CROSS, 1/2 UNWIND**

1-2: Step right to the right, cross step left behind right.  
&: Step right to the right.  
3-4: Cross step left over right, unwind 1/2 right.  
5-6: Step right to the right, cross step left behind right.  
&: Step right to the right.  
7-8: Cross step left over right, unwind 1/2 right.

### **SAILOR STEP, BEHIND SIDE CROSS, STEP, 1/4 PIVOT, STEP, 1/2 PIVOT**

1&2: Cross step right behind left, step left to the left, step right to the right.  
3&4: Cross step left behind right, step right to the right, cross step left over right.  
5-6: Step forward with right, pivot a 1/4 left.  
7-8: Step forward with right, pivot a 1/2 left.

**RESTART:** After this section (SAILOR STEP ...) on wall 4, you restart the dance. This restart should fit the track.

### **ROCK FORWARD, COASTER STEP X2**

1-2: Rock forward with right, recover onto left.  
3&4: Step back with right, step left next to right, step forward with right.  
5-6: Rock forward with left, recover onto right.  
7&8: Step back with left, step right next to left, step forward with left.

**ENDING:** Danced once at the end of wall 8.

1-2: Step forward with right, step left next to right.  
3-4: Step back with right, step left next to right.  
5-6: Step forward with right, step left next to right.  
7-8: Step back with right, step left next to right.