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Kate

40 count, 4 wall, intermediate level Choreographer: Theresa Needham (UK) Nov 2006 Choreographed to: You Needed Me by Anne Murray,

CD: The Best So Far (64 bpm)

12 count intro

ROCK FORWARD RECOVER, SHUFFLE BACK, ROCK RECOVER TRIPLE FULL TURN FORWARD

- 12 & ROCK FORWARD ONTO R. RECOVER ONTO L. STEP R NEXT TO L.
- 3 & 4 SHUFFLE BACK ON A L R L
- 5 6 ROCK BACK ON R. RECOVER ONTO L.
- 7 & 8 FULL TURN FORWARD ON A R L R

ROCK AND CROSS, SIDE BEHIND SIDE AND FRONT, ROCK RECOVER BEHIND SIDE CROSS

- 1 & 2 & ROCK L TO L SIDE, RECOVER ONTO R, CROSS L OVER R, STEP R TO R SIDE,
- 3 & 4 STEP LEFT BEHIND R, STEP R TO R SIDE, CROSS L IN FRONT OF R,
- 5 6 ROCK R TO R SIDE, RECOVER ONTO L
- 7 & 8 STEP R BEHIND L, STEP L TO L SIDE, CROSS R IN FRONT OF L

STEP SWEEP STEP, BACK 1/4 CROSS, STEP CROSS ROCK RECOVER, CHASSE L

- 12 & STEP FORWARD ON L, SWEEP R IN FRONT OF L, STEP ONTO R
- 5 6 & STEP R TO R SIDE, ROCK L ACROSS R, RECOVER ONTO R,
- 7 & 8 L CHASSE ON A L R L

SAILOR ¼ R, STEP LOCK STEP, STEP PIVOT ½ L, ROCK ¼ R STEP

- 1 & 2 SAILOR 1/4 R.
- 3 & 4 L STEP LOCK STEP
- 5 & 6 STEP FORWARD ON R, PIVOT ½ TURN L, STEP FORWARD ON R
- 7 & 8 ROCK L TO L SIDE, RECOVER ONTO R MAKING 1/4 TURN R, STEP FORWARD ON L *

FORWARD MAMBO, SHUFFLE ½ L, STEP PIVOT ½ L, TRIPLE FULL TURN FORWARD

- 1 & 2 FORWARD MAMBO,
- 3 & 4 SHUFFLE ½ TURN L ON A L R L
- 5 & 6 STEP FORWARD ON R, PIVOT ½ TURN L, STEP FORWARD ON R
- 7 & 8 FULL TURN R ON L R L

TAG THERE IS A TAG ON WALL 3 AFTER 32 COUNTS

STEP BACK ON R, % TURN L STEPPING L TO L SIDE, SWAY R, SWAY L, (6 0'CLOCK), RESTART FROM BEGINNING.

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