

Kara Step

64 Count, 2 Wall, Intermediate

Choreographer: John Ng (SG) Dec 2011

Choreographed to: Step by Kara

Sequence: 16-count intro, 4 count pose, 64, 48, 48, 64, 64, 64, Ending, final pose
Start dancing on lyrics

INTRO AND ENDING

La la la la la part

FUNKY HIP ROLLS

Feet at shoulder width apart

- 1& Roll hips to the left as you bend both knees slightly
2 Straighten up
3-8 Repeat 3 more times
Styling: leave both arms at side

FUNKY HIP ROLLS

Feet at shoulder width apart

- 1& Roll hips to the left as you bend both knees slightly
2 Straighten up
3-8 Repeat 3 more times
Styling: while doing the above 8 counts, straighten both arms forward with right palm over left hand

THE MAIN DANCE

CROSS & HEEL, & CROSS, SCUFF, RIGHT HEEL BOUNCE X4

- 1&2 Cross right over left, step left to side, touch right heel forward diagonally right
&3-4 Replace right beside left, cross left over right, scuff right to right
5-8 Step right to side bounce right heel 4 times (weight ends on right)

WEAVE TO RIGHT, ¼ RIGHT, TURN ½ RIGHT, WALK LEFT-RIGHT, FORWARD, DRAG

- 1&2& Cross left over right, step right to side, cross left behind right,
turn ¼ right and step right forward
3-4 Step left forward, turn ½ right (weight to right)
5-6 Step left forward, step right forward
7-8 Step left forward, drag right toe towards left

HEEL SWITCHES, & FORWARD, TOUCH, BACK SHUFFLE, ½ RIGHT, ¼ RIGHT

- 1&2& Touch right heel forward, step right together, touch left heel forward, step left together
3-4 Step right forward, touch left forward
5&6 Step left back, lock right over left, step left back
7-8 Turn ½ right and step right forward, turn ¼ right and step left to side

BEHIND SIDE CROSS, LEFT SIDE ROCK, BEHIND SIDE CROSS, ¼ LEFT, SIDE

- 1&2 Cross right behind left, step left to side, cross right over left
3-4 Rock left to side, recover to right
5&6 Cross left behind right, step right to side, cross left over right
7-8 Turn ¼ left and step right back, step left to side

BODY ROLL DOWN, BUTT ROLL UP

- 1-4 Body roll from top to bottom into a dip position
5-8 Push butt back out, as upper body leans forward, then straighten up
Easy option: sway to right over counts 1-4, sway to left over counts 5-8

BODY ROLL ¼ RIGHT, BACK ROCK, WALK RIGHT-LEFT

- 1-4 Body roll turn ¼ right transfer weight to left
Easy option: roll hips to the right over counts 1-4 turn ¼ right
5-6 Rock right back, recover to left
7-8 Step right forward, step left forward

SIDE, DRAG, ROLLING LEFT VINE

- 1-4 Step right to side, drag left toe to right over 3 counts
5-8 Turn ¼ left and step left forward, turn ½ left and step right back, turn ¼ left and step left to side,
touch right together
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**DIP AND POINT RIGHT, SLIDE RIGHT TOE TO LEFT, FORWARD, TOGETHER, BACK,
JUMP OPEN**

- 1-4 Point right toe to right and bend left knee, drag right toe towards left over 3 counts as you straighten left knee
Easy option: if unable to bend left knee, just do the point and drag only
- 5-6 Step right forward, step left together
- 7-8 Step right back, jump open with feet apart on the spot
Easy option: if unable to jump, just step left together

RESTART

On wall 2 and 3, dance to count 48, then restart dance