

FOOT TWIST RIGHT, CENTER, LEFT, CENTER; TWICE

1 - 4 Foot twist right, center, left, center.

5 - 8 Repeat counts 1-4.

(RIGHT) HEEL, STEP BACK, HEEL, TOUCH

9 - 12 Touch right heel forward, step back right, touch left heel forward, step back left.

13 - 14 Touch right heel forward, step back right.

15 - 16 Touch left heel forward, touch left to right.

STEP FORWARD, LOCK, FORWARD & TURN 1/4 LEFT, STOMP

17 - 20 Step forward left, lock right behind left, step forward left while turning 1/4 left, stomp right along side left (with weight) so feet are slightly apart

1/4 TURNING HEEL DROP, RIGHT, LEFT, RIGHT

21 Lift right heel & turn left 1/16, drop right heel.

22 Lift left heel & turn left 1/16, drop left heel.

23 - 24 Repeat counts 21-22, so left finishes in front of right.

(RIGHT) 2 FORWARD TRIPLES, INLINE SIDE TWIST LEFT, CENTER, TWICE

25 - 28 Step forward right, close left to right, step forward right, step forward left, close right to left, step forward left-so left is directly in front of right,

29 - 32 Twist both heels left, center, left, center.

(RIGHT) KICK BALL CHANGE, TWICE; POINT, CROSS, UNWIND, CLAP

33 - 34 Kick right foot forward, close right to left, close left to right.

35 - 36 Repeat counts 33-34

37 - 38 Point right toe to right, cross right in front of left leg,

39 - 40 Unwind 1/2 left, clap.

(LEFT) FORWARD TRIPLE, TURN 1/4 LEFT & STOMP RIGHT, STOMP LEFT

41 - 44 Step forward left, close right to left, step forward left, turning 1/4 left, stomp right to right (with weight), stomp left along side right (with weight), so feet are slightly apart

REPEAT