



Justified & Ancient

32 count, 4 wall, beginner level

Choreographer : Chris Hodgson (UK) Dec 2000
Choreographed to : Justified & Ancient by Tammy

Wynette & KLF (bpm 112) (CD – The Definitive
Collection and others)

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INTRO 16 counts

1-8 HIP BUMPS / RIGHT KICK-BALL-TOUCH / LEFT KICK-BALL-TOUCH

- 1& Touch Right slightly forward bumping hips forward, Bump Hips back
- 2& Bump hips forward, Bump hips back
- 3& Repeat counts 2&
- 4& Repeat counts 2& (weight ends on Left)
- 5&6 Kick Right forward, Step Right next to Left, Touch Left toe next to Right foot
- 7&8 Kick Left forward, Step Left next to Right, Touch Right toe next to Left foot

9-16 CHASSE R / CROSS IN FRONT-UNWIND FULL TURN / SIDE-TOG x3-SIDE

- 1&2 Step Right to Right side, Step Left next to Right, Step Right to Right side
- 3-4 Cross Left over in front of Right, Unwind Full turn Right (weight ends on Right foot)
- 5& Step Left slightly to Left side, Step Right next to Left
- 6&7& Repeat counts 5& twice more
- 8 Step Left to Left side

17-24 TOUCH+HITCH x4 FULL CIRCLE / JAZZ BOX with 1/4 TURN RIGHT

- 1& Touch Right to Right side, Hitch Right knee making 1/4 turn Left on ball of Left
- 2&3& Repeat counts 1& twice more
- 4& Repeat counts 1& again (you have now completed a full turn to Left)
(The full turn can be substituted for Touch-Hitch x4 on the spot)
- 5-6 Cross step Right over in front of Left, Step back on Left
- 7-8 Step Right 1/4 turn Right, Step Left next to Right

25-32 KICK and SIDE / SIDE SWITCHES / SHUFFLE FORWARD / STEP 1/2 TURN

- 1&2 Kick Right forward, Step Right next to Left, Touch Left toes out to Left side
- &3 Step Left next to Right, Touch Right toes to Right side
- &4 Step Right next to Left, Touch Left toes to Left side
- 5&6 Shuffle forward on Left-Right-Left
- 7-8 Step forward on Right, Pivot 1/2 turn Left

BEGIN AGAIN.....HAVE FUN

Choreographers Notes:

The full turns can be made easier by making 1/4 turn RIGHT on COUNT 10
and 1/4 turn LEFT on COUNT 16 , then only a 3/4 turn has to be made!

Written especially for the LDTA Charity Event (Manchester) 20-01-01
in aid of THE RAINBOW TRUST