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American Ride

BEGINNER

58 Count 2 Walls

Choreographed by: Helena-Jane Parker & Michael Parker Choreographed to: American Ride by Toby Keith

WALK, WALK, SHUFFLE, ROCK STEP, RECOVER, SHUFFLE. Section 1 1 - 2 Step forward with right, step forward with left, Step forward with right, close left to right, step forward with right, 3 & 4 Rock step forward with left, recover back onto right, (recovering weight onto right) 5 - 6 7 & 8 Step forward with left, close right to left, step forward with left. STEP, PIVOT 1/2 TURN, SHUFFLE, ROCK STEP, RECOVER, SHUFFLE. Section 2 1 - 2 Step forward with right, pivot 1/2 turn over left shoulder (transferring weight to left), 3 & 4 Step forward with right, close left to right, step forward with right, Rock step forward with left, recover back onto right, (recovering weight onto right) 5 - 6 7 & 8 Step forward with left, close right to left, step forward with left. Section 3 POINT, SWEEP, BEHIND, SIDE, CROSS, STEP, TAP. 1 - 2 Point right foot forward, sweep right round behind left, Step right behind left, step left to left side, cross right over left, 3 & 4 5 - 6 Step left to left side, tap right toe to left foot (keep weight on left). Section 4 SIDE STEP, CLOSE, SHUFFLE, CROSS ROCK, RECOVER, SIDE SHUFFLE. Step to side right with right, close left to right, 1 - 2 3 & 4 Step to side right with right, close left to right, step to side right with right, 5 - 6 Rock step left over right, recover onto right (recovering weight onto right), 7 & 8 Step to side left with left, close right to left, step to side left with left. Section 5 CROSS ROCK, RECOVER, SHUFFLE, CROSS STEP, ½ HINGE R TURN, TAP, SIDE STEP & ARMS OUT TO FRONT, LEAN TO RIGHT & TURN PALMS UP. 1 - 2 Cross rock right over left, recover onto left (recovering weight onto left), 3 & 4 Step to side right with right, close left to right, step to side right with right, 5 - 6 Cross left over right, pivot ½ turn over right shoulder (keeping weight on left) 7 & 8 Tap right toe to left foot (put weight onto left), step to side right with right AND at same time stretch arms out to front with palms down, lean to right to put weight onto right AND turn palms up(for count of one). Section 6 STEP DIAGONAL LEFT, CLOSE, SHUFFLE, STEP DIAGONAL RIGHT, CLOSE, SHUFFLE. 1 - 2 Step to diagonal left with left, close right to left, Step to diagonal left with left, close right to left, step to diagonal left with left, 3 & 4 Step to diagonal right with right, close left to right, 5 - 6 7 & 8 Step to diagonal right with right, close left to right, step to diagonal right with right ROCK STEP, RECOVER, SHUFFLE BACK, STEP BACK, CLOSE, SHUFFLE BACK. Section 7 1 - 2 Rock step forward on left, recover onto right (recovering weight onto left). 3 & 4 Step back to diagonal left with left, close right to left, step back to diagonal left with left, 5 - 6 Step back to diagonal right with right, close left to right, 7 & 8 Step back to diagonal right with right, close left to right, step back to diagonal right with right. HEEL DIG. CLOSE & TURN 1/4 LEFT. KICK BALL CHANGE & TURN Â1/4 LEFT. Section 8 1 - 2 Touch left heel forward to the floor (keep weight on right), close left to right AND turn 1/4 left, 3 & 4 Kick right foot forward, step right foot in place, step onto left in place AND turn 1/4 to left. **START AGAIN** nb: Only 6 counts to Section 3 and only 4 counts to Section 8

No tags or restarts