

LEVEL 1

- 1 - 4 Rock right forward, rock back on left, making 1/2 turn right step forward on right, hold
5 - 8 Rock left forward, rock back on right, making 1/2 turn left step forward on left, hold
9 - 10 Rock forward on right, rock weight to left
11 & 12 Coaster step right-left-right
13 - 14 Rock forward on left, rock back on right
15 & 16 Coaster step left-right-left
17 - 20 Rock right to right, rock weight to left, step right across in front of left, hold
21 - 24 Rock left to left, rock weight to right, step left across in front of right, hold
25 - 26 Making 1/4 turn left step back on right, making 1/4 turn left step left to left side
27 & 28 Cross shuffle to the left right-left-right
29 - 30 Step left to the left & pivot 1/4 turn right, transfer weight to right
31 - 32 Step forward on left, hold

LEVEL 2

- 33 - 34 Step right to right, step left behind right
35 - 36 Step right to right making 1/4 turn right, hold
37 - 38 Step forward on left, pivot 1/2 turn right, transfer weight to right
39 & 40 Shuffle forward left-right-left
41 - 42 Walk forward right-left
43 Making a 1/2 turn left step forward on right
44 Making a 1/4 turn left step forward on left
45 & 46 Touch right heel at 45 degrees right, step right beside left, step left across in front of right
47 - 48 Step right toe at 45 degrees right, drop right heel to ground
49 - 50 Rock left forward at 45 degrees right, rock back on right
51 - 52 Making 1/4 turn left step left to left side, making 1/4 turn left step right to left side (1/2 turn left)
53 & 54 Sailor shuffle left-right-left (step left across behind right, step right to right side, step left to left side)
55 & 56 Sailor shuffle right-left-right (step right across behind left, step left to left side, step right to right side)
57 - 58 Touch left across behind right, unwind 1/2 turn left
59 & 50 Right leg kick ball change
61 & 62 Touch right toe to right side, step right beside left, touch left toe to left
63 - 64 Drag/step left beside right making 1/4 turn left keeping weight on left, hold with right knee bent

REPEAT

/Everyone should be able to do at least some part of this dance. It is reasonably fast paced, but beginners only have to do level 1 while the more experienced dancers complete the whole dance. Level 1 is a 4 wall dance and level 2 is a 2 wall dance. It can be done on a split floor and this means that everyone will be doing the same steps in the same direction every second wall.