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- A** **DIAGONAL WALK BACK, HEEL, STEP-TOUCH, BACK-HEEL**
1 - 4 Walk back on right, left, right (facing 11 o'clock), dig left heel diagonally forward
5 - 8 Step onto left foot, touch right behind left, step-back on right, dig left heel forward (move shoulders in shimmy fashion while executing 5-8)
- B** **RUMBA BOX, 1/4-TURN LEFT AND KICK**
1 - 4 Step left foot to left, step right beside left, step forward left, hold
5 - 8 Step right foot to right, step left beside right, turn 1/4 left stepping back on right, kick left foot forward
- C** **LEFT COASTER STEP, FORWARD SHUFFLE**
1 - 4 Step back left, step right beside left, step left foot forward, hold
5 - 8 Step forward right, step left beside right, step forward right, hold
- D** **DIAGONAL WALK BACK, HEEL, STEP-TOUCH, BACK-HEEL**
1 - 4 Walk back on left, right, left (facing 1 o'clock), dig right heel diagonally forward
5 - 8 Step onto right foot, touch left behind right, step-back on left, dig right heel forward (move shoulders in shimmy fashion while executing 5-8)
- E** **RUMBA BOX, 1/2-TURN RIGHT AND KICK**
1 - 4 Step right foot to right, step left beside right, step back on right, hold
5 - 8 Step left foot to left, step right beside left, turn 1/2 right stepping back on left foot, kick right forward
- F** **RIGHT COASTER STEP, FORWARD SHUFFLE**
1 - 4 Step back right, step left beside right, step right foot forward, hold
5 - 8 Step forward left, step right beside left, step forward left, hold
- G** **BACK LOCK-STEPS, SWEEPS**
1 - 4 Step back right, lock left foot across right, step back right, sweep left to back of right foot
5 - 8 Step back onto left foot, lock right across left, step back on left, sweep right to back of left foot
- H** **SAILOR 1/4 RIGHT, HOLD, WALK LEFT, RIGHT, LEFT, HOLD**
1 - 4 Cross-step right behind left foot, step left beside right, step forward on right with a 1/4 turn right, hold
5 - 8 Walk forward on left, right, left, hold
- I** **DIAGONAL SKATES, HOLDS**
1 - 2 Skate forward right diagonally to right, skate forward left diagonally to left
3 - 4 Skate forward right diagonally to right, hold
5 - 6 Skate forward left diagonally to left, skate forward right diagonally to right
7 - 8 Skate forward left diagonally to left, hold
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