

HEEL/TOE -TWICE / RIGHT TOE STRUT BACK / LEFT HEEL LIFTS

- 1 - 2 Touch right heel diagonally forward, touch right toe next to left instep right knee turning out and in
3 - 4 Repeat counts 1-2 right knee turning out and in
5 - 6 Touch right toe back, drop right heel to floor
7 - 8 Leaving feet where they are lift left heel off floor twice

HEEL/TOE -TWICE / LEFT TOE STRUT BACK / RIGHT HEEL LIFTS

- 1 - 2 Touch left heel diagonally forward, touch left toe next to right instep left knee turning out and in
3 - 4 Repeat counts 1-2 left knee turning out and in
5 - 6 Touch left toe back, drop left heel to floor
7 - 8 Leaving feet where they are lift right heel off floor twice

2 SWIVELS (HEELS IN AND CENTER) / RIGHT VINE

- 1 - 2 Right foot is still in front of left foot weight on toes, swivel both heels inwards and back to center
3 - 4 Repeat counts 1-2
5 - 8 Right foot steps to right, cross left behind, right steps to right, touch left foot next to right

TWO 1/2 TURNS RIGHT / LEFT VINE

- 1 - 2 Step left foot forward, pivot 1/2 turn right
3 - 4 Step left foot forward, pivot 1/2 turn right
5 - 8 Left foot steps to left, cross right behind, left foot steps to left, touch right foot next to left

1/2 TURN LEFT / HEEL AND TOE / 2 SCOOTs FORWARD / STEP DOWN RIGHT AND LEFT

- 1 - 2 Step right foot forward, pivot 1/2 turn left
3 - 4 Touch right heel forward, touch right toe back
5 - 6 Scoot forward on left foot twice
7 - 8 Step down in place on right foot then left foot (feet slightly apart)

KNEE POPS / STEP BACK / ROCK FORWARD / STEP FORWARD / 1/4 TURN LEFT

- & 1 & 2 With knees bent lift up both heels and return to floor twice
& 3 & 4 Repeat counts &1&2
5 - 6 Step right foot back, rock weight forward onto left foot
7 - 8 Step forward on right foot, pivot on balls of both feet 1/4 left ending with weight on left foot

REPEAT