

Jump n Move

32 count, 4 wall, intermediate/advanced level
Choreographer: Tina Argyle (UK) June 2006
Choreographed to: Jump n' Move by The Brand New
Heavies – Heavy Rhyme Experience: vol.1

COUNT IN: 20 counts from main beat. Listen for the word "Ribbit"!!!!

Point, Tap. ¼ Turn Hitch. Mambo Back. Step Fwd. Step ¼ Cross & Cross. Hold

- 1 & 2 Point Right toe to Right side. Tap Right at side of Left. ¼ Turn Right on ball of Left hitching Right knee.
3 & 4 Right Mambo back, recover. Step Fwd. Right.
5 & 6 Step Fwd. Left. ¼ Turn Right onto Right. Cross Left over Right.
&7- 8 Step Right to Right side. Cross Left over Right. Hold.

Point Right to Right side. Point Right Fwd across the Left pulling Right shoulder back. Point Right to Right side. Touch Right Heel Fwd. pulling Right shoulder back. Step, Toe Touch Back. ½ Turn Toe Touch Back. Step Heel. Hold with Shoulder Pops.

- 9 - 10 Point Right to Right side. Touch Right toe Fwd. and across Left pulling Right shoulder back.]
11 - 12 Point Right to Right side. Touch Right heel Fwd. pulling Right shoulder back.
&13 Step Right at side of Left. Touch Left toe back.
&14 ½ Turn Left stepping Left in place. Touch Right toe back.
&15 Step Right at side of Left. Touch Left heel Fwd.
&16 Lift Left shoulder. Drop Left shoulder Lift Right shoulder.

& Right Mambo Fwd. Step back . Left Mambo Back. Step fwd. Side Rock Cross. Hold. ¼ turn Right. Side.

- &17&18 Step Left in place. Mambo Fwd. Right, recover. Step back Right.
19&20 Left Mambo back, recover. Step Fwd. Left.
21 & 22 Right side rock, recover, Cross.
23 Hold.
& 24 ¼ Turn Right stepping back Left. Step Right to Right side.

Cross Rock, Recover. Left Rolling Turn (or Left Chasse). Cross Rock, Step back, Drag. Side. Cross

- 25 – 26 Cross Rock Left over Right. Recover.
27 & 28 ¼ Turn Left stepping Fwd. Left. ¼ Turn Left stepping Right to Right side.
½ Turn Left stepping Left to left side. (OR Left Chasse – Side. Together. Side)

Restart here during 2nd Wall . You will start again facing 6 o'clock.

- 29 -30 Cross rock Right over Left. Take long step back Left start to drag Right towards Left.
31 Continue dragging Right towards Left.
&32 Step Right to Right side. Cross left over Right.

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