

BLAST FROM THE Past



Approved by:

Linda Brooks

Jump

4 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 – 4 5 6 7 – 8	Grapevine, Together, Monterey 1/4 Turn Step right to right side. Cross left behind right. Step right to right side. Step left beside right. Touch right toe to right side. On ball of left make 1/4 turn right, stepping right beside left. Touch left toe to left side. Step left beside right.	Side Behind Side Together Touch Turn Touch Together	Right On the spot Turning right On the spot
Section 2 1 – 2 3 & 4 5 – 6 7 & 8	Step, Pivot 1/2, Forward Shuffle, Step, Pivot 1/2, Forward Shuffle Step right forward. Pivot 1/2 turn left. Step right forward. Close left beside right. Step right forward. Step left forward. Pivot 1/2 turn right. Step left forward. Close right beside left. Step left forward.	Step Pivot Right Shuffle Step Pivot Left Shuffle	Turning left Forward Turning right Forward
Section 3 1 – 8	Grapevine, Together, Monterey 1/4 Turn Repeat Section 1, counts 1 - 8.		
Section 4 1 – 8	Step, Pivot 1/2, Forward Shuffle, Step, Pivot 1/2, Forward Shuffle Repeat Section 2, counts 1 - 8.		
Section 5 Note 1 & 2 & 3 – 4 & 5 & 6 & 7 – 8	Syncopated Toe Switches & Clicks This Section should be danced travelling slightly backwards Touch right toe to right side. Step right beside left. Touch left toe to left side. Step left beside right. Touch right toe to right side. Click fingers. Step right beside left. Touch left toe to left side. Step left beside right. Touch right toe to right side. Step right beside left. Touch left toe to left side. Click fingers.	Touch & Touch & Touch Click & Touch & Touch & Touch Click	Slightly Back
Section 6 & 1 – 2 3 – 4 5 – 6 7 & 8	Toe Strut x 2, Back Rock, Forward Shuffle Step left beside right. Step right toe forward. Drop right heel taking weight. Step left toe forward. Drop left heel taking weight. Rock back on right. Recover onto left. Step right forward. Close left beside right. Step right forward.	& Toe Strut Toe Strut Back Rock Right Shuffle	Forward On the spot Forward
Section 7 1 2 3 – 4 5 – 6 7 & 8	Out, Out, Jump In, Clap, Back, Back, Triple 3/4 Turn Step left to left side (place left hand on front of left thigh). Step right to right side place right hand on front of right thigh). Jump both feet to centre. Clap hands. Step left back. Step right back. Triple 3/4 turn left, stepping - left, right, left.	Out Out In Clap Back Back Triple Turn	On the spot Back Turning left
Section 8 1 – 2 3 & 4 5 – 6 7 – 8	Toe, Heel, Triple Step, Sweep 1/2 Turn, Stomp, Tap Tap right toe to left instep. Tap right heel to left instep. Triple step in place, stepping - right, left, right. Sweep left toe round, circling 1/2 turn left. Stomp left beside right. Tap right beside left.	Toe Heel Right Left Right Sweep Turn Stomp Tap	On the spot Turning left On the spot

Choreographed by: Linda Brooks (UK) 2001

Choreographed to: 'Jump' by The Pointer Sisters (135 bpm) from Greatest Hits album

Music suggestions: 'Honky Tonk Song' by BR5-49 (120 bpm); 'One Dance With You' by Vince Gill (139 bpm); 'Cry To Me' by Ronnie McDowell (114 bpm)