

## Julien's Strut

32 count, 2 wall, beginner level

Choreographer: Brian Heselden (UK) July 2005  
Choreographed to: Hélène by Julien Clerc, CD: Les  
Aventures À L'eau (118 bpm)

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16 count Intro

### **1-8 TOE STRUTS FORWARD R-L-R, FWD COASTER L-R-L**

- 1-4 Step forward on Right toe, Lower Right heel, Step forward on Left toe, Lower Left heel  
5,6 Step forward on Right toe, Lower Right heel  
7&8 Step forward on Left (&) Step Right together, Left back

### **9-16 HEEL STRUTS BACK R-L-R, BACK COASTER L-R-L**

- 9-12 Step back on Right heel, Lower Right toe, Step back on Left heel, Lower Right toe  
13,14 Step back on Right heel, Lower Right toe,  
15&16 Step back on Left (&) Step Right together, Left forward

### **17-24 ROCK AND CROSS, HOLD X 2 (RIGHT ACROSS LEFT, LEFT ACROSS RIGHT)**

- 17-20 Step to Right, Recover onto Left, Cross Right over Left, Hold  
21-24 Step to Left, Recover onto Right, Cross Left over Right, Hold

### **25-32 ROCK AND CROSS, UNWIND $\frac{1}{4}$ (OR $\frac{1}{2}$ TURN) L, R KICK BALL CHANGE, STOMP R, L**

- 25-28 Step to Right, Recover onto Left, Cross Right over Left, Unwind  $\frac{1}{4}$  turn Left (or  $\frac{1}{2}$ )  
29&30 Kick Right Forward (&) Replace weight onto Right, weight onto left  
31-32 Stomp Right, Stomp Left

**TAG:** 4 count TAG at end of 6th wall (SWAY Right-Left- Right-Left)

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