

## JR Shuffle

32 count, 4 wall, intermediate level

Choreographer: Mark Hood

Choreographed to: Lucy by Jamie Ryan

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### SAILOR STEP BEHIND SHUFFLE

- 1 Step right behind left
- & Step left to the left
- 2 Step right in place
- 3 Step left behind right
- & Step right to the right
- 4 Step left behind right

### SIDE SHUFFLE ¼, STEP PIVOT ½

- 5 Step right to the right with ¼ turn to the right
- & Step left beside right
- 6 Step right forward
- 7 Step forward left
- 8 Pivot ½ turn to the right

### SHUFFLE, SHUFFLE

- 9 Step forward left
- & Step right beside left
- 10 Step forward left
- 11 Step forward right
- & Step left beside right
- 12 Step forward right

Option: two ½ turning shuffles

### ROCK & ROCK, ROCK & ROCK, FORWARD COASTER STEP

- 13 Rock forward left
- & Rock right in place
- 14 Rock back left
- & Rock right in place
- 15 Step forward left
- & Step right beside left
- 16 Step back left

### ROCK & ROCK, ROCK & ROCK, COASTER STEP

- 17 Rock back right
- & Rock left in place
- 18 Rock forward right
- & Rock left in place
- 19 Step back right
- & Step left beside right
- 20 Step forward right

### SIDE STEP, TOGETHER, ROCK, ROCK

- 21 Step left to the left
- 22 Step right beside left
- 23 Rock left to the left
- 24 Rock right in place

### WEAVE

- 25 Step left over right
- 26 Step right to the right
- 27 Step left behind right
- 28 Step right to the right

### KNEE POPS

- 29 Pop left knee in
- & Replace weight onto left
- 30 Pop right in
- & Replace weight onto right
- 31 Pop left knee in
- & Replace weight onto left
- 32 Pop right in

REPEAT