

## JR Drop

48 Count, 2 Wall, Intermediate/Advanced

Choreographer: Rachael McEnaney &amp;

Jessica Langstaff (UK) July 2008

Choreographed to: Move, Shake, Drop by DJ Laz feat Pitbull &amp; Flo Rida; In The Ayer by Flo Rida feat. Will I Am &amp; Fergie

Count In: 32 counts intro from start of both tracks

**Dance starts with feet apart!****1 – 8 Twist right, twist left, twist right x2, ball cross, 1/4 turn, right side shuffle**

- & 1 Twist right heel in towards left (&), Return right heel to place (1),
- & 2 Twist left heel in towards right (&), return left heel to place [12.00]
- & 3 Twist right heel in towards left (&), return right heel to place (3),
- & 4 Twist right heel in towards left (&), return right heel to place (4) [12.00]
- & 5 - 6 Step slightly back on left foot (&), cross right over left (5),  
Make 1/4 turn right stepping back on left (6) [3.00]
- 7 & 8 Step right to right side (7), step left next to right (&), step right to right side (8) [3.00]

**9 – 16 Hitch left, step left, hitch right with 1/2 turn, step right, twist into 1/4 turn right, scoot back, coaster step**

- 1 - 2 Hitch left leg (styling throw right arm across over left leg) (1), step left to left side (2) [3.00]
- 3 - 4 Hitch right leg as you make 1/2 turn right on ball of left (3), step right to right side (4) [9.00]
- & 5 Twist upper body to left (&), make 1/4 turn right stepping forward on right  
(take all weight onto right almost like a stomp) (5) [12.00]
- 6 Scoot (jump/hop) back on right foot as you kick left foot forward (6)  
(Easy option: would just be to kick left foot forward) [12.00]
- 7 & 8 Step back on left (7), step right next to left (&), step forward on left (8) [12.00]

**17 – 24 Step right, left, rolling vine right into slide, hold, 1/4 sailor step left**

- 1 - 2 Step right to right side (1), step left to left side (feet shoulder width apart) (2) [12.00]
- 3 - 4 Make 1/4 turn right stepping forward on right (3), make 1/2 turn right stepping back on left (4) [9.00]
- 5 - 6 Make 1/4 turn right as you take a big step to right side (5), slide left towards right  
(HOLD no weight change) (6) [12.00]
- 7 & 8 Cross left behind right (7), make 1/4 turn left stepping right next to left (&), step forward on left (8)  
[9.00]

**25 – 32 Right kick hook kick, Left kick hook kick, Right jazz box with 1/4 turn**

- 1 & Kick right foot forward (1), hook right foot in front of left shin (&),
- 2 & Kick right foot forward (2), step right next to left (&) [9.00]
- 3 & Kick left foot forward (3), hook left foot in front of right shin (&),
- 4 & Kick left foot forward (4) step left next to right (&) [9.00]
- 5 - 6 Cross right over left (5), step back on left (6),
- 7 - 8 Make 1/4 turn right stepping forward on right (7), step left to left side (8) [12.00]

**33 – 40 Rock forward & side, sailor 1/4 turn right, rock forward & back, step forward, heel twists with 1/2 turn**

- 1 & Cross rock right over left (1), recover weight onto left (&),
- 2 & Rock right to right side (2), recover weight onto left (&) [12.00]
- 3 & 4 Cross right behind left (3), make 1/4 turn right stepping left next to right (&),  
step forward on right (4) [3.00]
- 5 & Rock forward on left (5), recover weight onto right (&),
- 6 & Rock back on left (6), recover weight onto right (&) [3.00]
- 7 & 8 Step forward on left (7), make 1/4 turn right as you twist right heel to left (&),  
make 1/4 turn right as you twist left heel to left [9.00]

**41 - 42 Right coaster step, hitch with leg circle into 1/4 turn left, jump feet in then out, 3 jumps forward**

- 1 & 2 Step back on right (1), step left next to right (&), step forward on right (2) [9.00]
- 3 - 4 Hitch left leg making a circle action with leg anticlockwise as you make a 1/4 turn left on ball of right  
(3), step left to left side (4) [6.00]
- & 5 Jump both feet in closing together (&), jump both feet out (5) [6.00]
- 6 - 8 With feet still apart jump forward 3 times (these jumps are more like chugs forward try not to take  
feet off floor and keep head same height) (6, 7, 8) [6.00]

START AGAIN, HAVE FUN!