
**STEP BACK & TOUCH, CROSS SHUFFLE, ½ TURN R CROSS SHUFFLE,
FULL TURN L TRIPLE IN PLACE**

- 1&2 Step RF back, bend body back, touch L toe in front of RF
(rolling both hands in front of body)
- &3&4 Raise body, cross LF over RF, step RF to R, cross LF over RF
(L arm across front of body, L palm facing up, R arm straight up, R palm
above L palm – pulse wrist in twice)
- &5&6 ½ turn R, cross RF over LF, step LF to L, cross RF over LF
(R arm across front of body, R palm facing up, L arm straight up, L palm
above R palm – pulse wrist in twice)
- 7&8 Full turn L triple L-R-L
(L arm across front of body, R arm straight up – twist both wrists around) **6:00**

BIG STEP R, LF BESIDE RF, HIP BUMPS

- 1-2 RF big step to R, step LF (no weight) beside RF
(circle both arms to close palms together as in prayer)
- &3&4& Bump hips L-R-L-R-L (lower knees)
- 5-6 RF big step to R, step LF (no weight) beside RF
(circle both arms to close palms together as in prayer)
- &7&8& Bump hips L-R-L-R-L (lower knees) **(6:00)**

TOE, HEEL, ½ TURN R TRIPLE, TOE, HEEL, ¾ TURN L TRIPLE

- 1-2 Touch R toe to R (open arms, look down at R toe), cross R heel over LF
(cross palms in front of body, look down at R heel)
- 3&4 ½ turn R triple R-L-R (open arms w/palms facing up beside shoulder) **(12:00)**
- 5-6 Touch L toe to L (open arms, look down at L toe), cross L heel over RF
(cross palms in front of body, look down at L heel)
- 7&8 ¾ turn L triple L-R-L (open up palms to face up beside shoulder) **(3:00)**

SHIMMY. ½ TURN R SAILOR, ¼ L, ¼ R, ¼ L, ¼ R

- 1-2 Step RF forward diagonally R & shimmy, slide LF beside RF
- 3&4 Cross RF behind LF, ½ turn R & step LF beside RF, step RF forward **(9:00)**
- 5-6 ¼ turn L stepping LF forward (L hand straight forward with palm facing down,
R hand beside body with fingers pointing down),
¼ turn R stepping RF beside LF (turn both palms up)
- 7-8 Repeat 5-6, ending with RF stomp (no weight) next to LF