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- 1 - 4 Right buckwheat (step right heel forward at 45 degree angle placing weight on right heel, repeat for left, replace right, replace left.
- 5 - 8 Right brush-up.
- 9 - 12 Right twist turn (step left over right, unwind legs 1/2 turn right), left twist turn (step right over left, unwind legs 1/2 turn left).
- 13 - 16 Step left to side, slide right together clap, step left to side, slide right together clap.
- 17 - 20 Left buckwheat (step left heel forward at 45 degree angle placing weight on left heel, repeat for right, replace left, replace right.
- 21 - 24 Left brush-up.
- 25 - 28 Right twist turn (step right over left, unwind legs 1/2 turn left), left twist turn (step left over right, unwind legs 1/2 turn right).
- 29 - 32 Step right to side, slide left together clap, step right to side, slide left together clap.
- 33 - 36 Step forward on right, lock left behind, step forward on right (while turning 1/2 turn left), slide left beside right.
- 37 - 40 Step left to the side, right backtag, step right to the side, left backtag.
- 41 - 44 Step left forward, lock right behind, step left forward turning right 1/4 turn, step right together.
- 45 - 48 Step right forward, hitch left, step left back, touch right toe behind.
- 49 - 54 Turning 720 degrees (2 full turns to the right). Step right (1), left (2), right (3), left (4), right (5), hitch left (6).
- 55 - 60 Extended left frieze. Left (1), right behind (2), step left to the side (3), cross right over left (4), step left to the side (5), tap right together (6).
- 61 - 64 Heel splits, heel splits
- 64 Beats restart 1/4 to the left previous starting position.

REPEAT