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Jo And The Cowboy

Phrased, 104 count, 2 wall, beginner/intermediate level

Choreographer: Peter Thijssen ("Pistol Pete") (NL)
(September 2007)

Choreographed to: Jo And The Cowboy by Johnny Duncan & Janie Fricke (108 bpm), CD: It Couldn't Have Been Any Better

A 68 counts + B 36 counts

Sequence: A B A B -TAG- A B B B(16 counts)

(On paper the dance looks difficult but it's easy to dance !!!)

Part: A.

Section A-1

**SIDE STEP, HOLD, &TOGETHER, SIDE STEP, HOLD
ROCK BACK, RECOVER, CROSS STEP, UNWIND 1/2 TURN RIGHT**

1 - 2 Step right to right side, hold,
& 3 - 4 &step left next to right, step right to right side, hold
5 - 6 Rock back on left, recover onto right
7 - 8 Cross step left over right, 1/2 turn right (weight on left)

Section A-2

**SIDE STEP, HOLD, &TOGETHER, SIDE STEP, HOLD
ROCK BACK, RECOVER, CROSS STEP, UNWIND 1/2 TURN RIGHT**

9 - 10 Step right to right side, hold
& 11 - 12 &step left next to right, step right to right side, hold
13 - 14 Rock back on left, recover onto right
15 - 16 Cross step left over right, 1/2 turn right (weight on left)

Section A-3

**SIDE STEP, BEHIND, 1/4 TURN RIGHT, SCUFF
TOE STRUTS LEFT AND RIGHT**

17 - 18 Step right to right side, step left behind right
19 - 20 1/4 turn right and right step forward, scuff left forward
21 - 22 Touch left toe forward, step down on left heel
23 - 24 Touch right toe forward, step down on right heel

Section A-4

**TOE STRUT LEFT, KICK, KICK, STEP BACK, TOE TOUCH BACK,
STEP FORWARD, KICK**

25 - 26 Touch left toe forward, step down on left heel
27 - 28 Kick right forward, kick right forward
29 - 30 Step back on right, touch left toe back
31 - 32 Step left forward, kick right forward

SECTION A-5

**STEP BACK, TOE TOUCH BACK, STEP FORWARD, PIVOT 1/2 TURN
RIGHT, STEP-LOCK-STEP, SCUFF**

33 - 34 Step back on right, touch left toe back
35 - 36 Step left forward, 1/2 turn right (weight on right)
37 - 38 Step left forward, lock step right behind left
39 - 40 Step left forward, scuff right forward

SECTION A-6

**ROCK FORWARD, RECOVER, SIDE ROCK, RECOVER
BEHIND, SIDE, CROSS, HOLD**

41 - 42 Rock forward on right, recover onto left
43 - 44 Rock right to right side, recover onto left
45 - 46 Step right behind left, step left to left side
47 - 48 Cross step right over left, hold

SECTION A-7

**1/4 TURN LEFT TOE STRUT, TOE STRUTS RIGHT AND LEFT
KICK, KICK**

49 - 50 1/4 turn left and touch left toe forward, step down on left heel
51 - 52 Touch right toe forward, step down on right heel
53 - 54 Touch left toe forward, step down on left heel
55 - 56 Kick right forward, kick right forward

SECTION A-8

**STEP BACK, TOE TOUCH BACK, STEP FORWARD, KICK, STEP BACK
TOE TOUCH BACK, STEP FORWARD, PIVOT 1/2 TURN RIGHT**

57 - 58 Step back on right, touch left toe back
59 - 60 Step forward on left, kick right forward
61 - 62 Step back on right, touch left toe back
63 - 64 Step forward on left, 1/2 turn right (weight on right)

SECTION A-9 STEP-LOCK-STEP, SCUFF
65 - 66 Step left forward, lock step right behind left
67 - 68 Step left forward, scuff right forward

Part: B.

SECTION B-1 SIDE STEP, BEHIND, SIDE STEP, HITCH
SIDE STEP, BEHIND, 1/4 TURN LEFT, HITCH
1 - 2 Step right to right side, cross step left behind right
3 - 4 Step right to right side, hitch left knee
5 - 6 Step left to left side, cross step right behind left
7 - 8 1/4 turn left and left step forward, hitch right knee

SECTION B-2 JUMP RIGHT-LEFT FORWARD, HOLD, JUMP RIGHT-LEFT BACK
HOLD, ROCKING CHAIR
& 9 - 10 Jump right forward, left close next to right, hold
& 11 - 12 jump right back, close left next to right, hold
13 - 14 Rock right forward, recover onto left
15 - 16 Rock right back, recover onto left

SECTION B-3 SIDE STEP, BEHIND, SIDE STEP, HITCH
SIDE STEP, BEHIND, 1/4 TURN LEFT, HITCH
17 - 18 Step right to right side, cross step left behind right
19 - 20 Step right to right side, hitch left knee
21 - 22 Step left to left side, cross step right behind left
23 - 24 1/4 turn left and left step forward, hitch right knee

SECTION B-4 JUMP RIGHT-LEFT FORWARD, HOLD, JUMP RIGHT-LEFT BACK
HOLD, ROCKING CHAIR, PIVOT 1/2 TURN LEFT, PIVOT 1/2 TURN LEFT
& 25 - 26 Jump right forward, close left next to right, hold
& 27 - 28 Jump right back, close left next o right, hold
29 - 30 Rock right forward, recover onto left
31 - 32 Rock right back, recover onto left

SECTION B-5 STEP FORWARD, PIVOT 1/2 TURN LEFT
STEP FORWARD, PIVOT 1/2 TURN LEFT
33 - 34 Step forward on right, pivot 1/2 turn left
35 - 36 Step forward on right, pivot 1/2 turn left

TAG in wall 2 (facing 12.00)

Dance A complete and B complete

Then do:

1 - 2 Step forward on right, step forward on left
3 - 4 Step forward on right, hitch left knee
5 - 6 Step back on left, step back on right
7 - 8 Step back on left, hitch right knee

9 - 10 Step right to right side, cross step left behind right
11-12 Step right to right side, hitch left knee
13-14 Step left to left side, cross step right behind left
15-16 step left to left side, hitch right knee

17-18 Step right to right side, touch left toe next to right
19-20 Step left toleft side, touch right toe next to left

START DANCE AGAIN COUNT 1 of SECTION A-1

ENDING 12.00 The last time Part B starts on 12.00 wall
Dance Section B-1 and counts &9 - 14 of Section B-2, do then:
15 1/4 turn right and right step to side
16 step left next to right = The End!