

Jingle Bell Rock

IMPROVER

32 Count 2 Walls
Choreographed by: Alan Clarke
Choreographed to: Jingle Bell Rock by The Cheap Seats

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32	Return Left To Place And Push Right Knee Forward Across Left.
31	Return Right To Place And Push Left Knee Forward Across Right.
30	Return Left To Place And Push Right Knee Forward Across Left.
29	Push Left Knee Forward Across Right.
26 - 28	With Weight On Toes Bounce On Heel Three Times.
& 25	Jump Forward - Right, Left.
	Syncopated Jump Forward, Heel Bounces & Knee Pops.
23 - 24	Step Forward Right. Pivot 1/4 Turn Left.
21 - 22	Step Forward Right, Pivot 1/4 Turn Left.
19 - 20	Kick Left Forward Across Right. Step Left To Left Side.
17 - 18	Kick Right Forward Across Left. Step Right To Right Side.
	Kicks With Right & Left, Step 1/4 Pivots Left X 2.
	Alternated Arms Up And Down As If Ringing Bells.
	Angled Down, Left Arm Angled Up. With Each Rocking Action
Note:	During Steps 13 - 16 Place Elbows At Waist, Fist Clenched, Right Arm
15 - 16	Rock Weight Back Onto Right. Rock Weight Forward Onto Left.
14	Rock Weight Forward Onto Left.
13	Step Back Right Rocking Weight Back Onto Right.
11 - 12	Step Left To Left Side. Hitch Right Knee.
9 - 10	Step Left To Left Side. Cross Right Behind Left.
	Left Grapevine With Hitch, Rocks With Arm Swings.
	Alternated Arms Up And Down As If Ringing Bells.
	Angled Down, Right Arm Angled Up. With Each Rocking Action
Note:	During Steps 5 - 8 Place Elbows At Waist, Fist Clenched, Left Arm
7 - 8	Rock Weight Back Onto Left. Rock Weight Forward Onto Right.
6	Rock Weight Forward Onto Right.
5	Step Left Back Rocking Weight Back Onto Left.
3 - 4	Step Right To Right Side. Hitch Left Knee.
1 - 2	Step Right To Right Side. Cross Left Behind Right.
	Right Grapevine With Hitch, Rocks With Arm Swings.