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Jiggy Mama

64 count, 4 wall, intermediate level

Choreographer: Caroline Pashley (Jersey U. K.)
May 2001

Choreographed to: Loaded by Ricky Martin from
Sound Loaded (bpm:160);

Section 1 BOOGIE WALKS X 3, HOLD, HEEL SWIVELS 1/4 TURN LEFT, HOLD

- 1-2 Step right forward swivelling right on balls of feet, step left forward
Swivelling left on balls of feet
3-4 Step right forward swivelling right on balls of feet, hold
5-6 Swivel heels right, left
7-8 Swivel heels right making 1/4 turn left, hold

Section 2 ROCK FORWARD, RECOVER, 1/2 TURN STEP FORWARD, FLICK, 1/2 TURN STEP BACK, KICK, 1/2 TURN STEP FORWARD FLICK

- 9-10 Rock right forward, recover weight to left
11-12 On ball of left 1/2 turn right, stepping forward right, flick left foot back
[click fingers just above shoulder level]
13-14 On ball of right 1/2 turn right, stepping back left, kick right foot forward
[click fingers swinging arms across chest]
15-16 On ball of left 1/2 turn right, stepping forward right, flick left foot back
[click fingers swinging arms out to side just below shoulder level]

Section 3 ROCK FORWARD, RECOVER, STEP FORWARD, FLICK, ROCK FORWARD, RECOVER, STEP FORWARD, HOOK

- 17-18 Facing right diagonal rock left forward, recover weight to right
19-20 Step left forward, flick right foot back pivoting on ball of left to face left
diagonal
21-22 Rock right forward, recover weight to left
23-24 Step right forward, hook left foot behind right leg

Section 4 STEP BACK, RONDE, STEP BACK, RONDE, COASTER STEP, HOLD

- 25-26 Step left back facing centre, sweep right from front to back
27-28 Step right back, sweep left from front to back
29-30 Step left back, step back right
31-32 Step left forward, hold

Section 5 STEP SIDE, TOGETHER, STEP SIDE, TOUCH, TOUCH SIDE, HIP ROLLS X 2, LUNGE

- 33-34 Step right to right side, step left together
35-36 Step right to right side, touch left next to right foot
37-38 Touch left to left side circling hips left
39-40 Circle hips left finishing with weight on left foot in lunge position

Section 6 JAZZ BOX 1/4 TURN KICK, STEP KICK X 2

- 41-42 Step right across left, step back left
43-44 Make 1/4 turn right stepping forward right, kick left foot forward
45-46 Step left in place, kick right foot forward
47-48 Step right in place, kick left foot forward
[make steps 45-48 light & bouncy]

Section 7 CROSS, STEP BACK 3/4 PIVOT TURN, STEP FORWARD, HOLD, HIPS X 3, HOLD

- 49-50 Step left across right, step back right making 3/4 turn left on ball of right foot,
51-52 Step left forward, hold
53-54 Step right to right side bumping hips right ,left
55-56 Bump hip right, hold

Section 8 STEP BACK, 1/2 TURN STEP FORWARD, STEP FORWARD HOLD, JUMP FORWARD, SHIMMY/SHAKE DOWN & UP, HOLD

- 57-58 Step left back, on ball of left 1/2 turn right, stepping right forward
59-60 Step left forward, hold
&61-62 Jump right forward left together shimmy/shake shoulders to hips bending knees down
63-64 Shake/shimmy hips to shoulders coming up, hold

Start Begin on vocals. Count beats a fast 1,2,3,4, etc.

Note On wall 9 dance steps 1 - 46

47-48 Step right to right side, hold

Restart dance from the beginning

Finish On final wall after step 64. Step right to the right side throwing arms above your head.
You will be facing 12.00 wall.

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