

## Jersey Girls Cha

32 Count, 4 Wall, Improver

Choreographer: Rosie Multari (USA) Feb 2010

Choreographed to: Jersey Girl by The Bacon

Brothers; Jersey Girl by Hal Ketchum

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Dance begins after vocals with guitar only (45 sec); count in 5, 6, 7, 8 on the words "Rides, Down the Shore" and you start "1" on the word "things". You can stop the dance at 2:55 when the tempo slows down, or continue dancing until the end.

### **STEP CROSS ROCK, CHASSE ¼ TURN, ROCK & LOCK CHA**

- 1-3 Step left to side, cross rock right over left, recover to left
- 4&5 Chasse to right, turning ¼ to right
- 6-7 Rock left forward, recover to right
- 8&1 Step back left, cross right over left, step back left  
Optional full turn for 6-7-8&1
- 6-7 Step forward left, turn ½ right shifting weight to right
- 8&1 Turn ½ right while you triple left, right. Left

### **SWAYS, ¼ TURN CHA, ¼ PIVOT, CROSSING CHA**

- 2-3 Sway right, left
- 4&5 Turn ¼ right as you chassé forward right, left, right
- 6-7 Step forward left, ¼ pivot right shifting weight to right
- 8&1 Cross left over right, step right together, cross left over right

### **SWAYS, CHA, ROCK & LOCK CHA**

- 2-3 Sway right, left
- 4&5 Step (cha) forward right, left, right
- 6-7 Rock left forward, recover to right
- 8&1 Step back left, cross right over left, step back left  
Optional full turn for 6-7-8&1
- 6-7 Step forward left, turn ½ right shifting weight to right
- 8&1 Turn ½ right while you triple left, right. Left

### **SWAYS, SYNCOPATED ROCKS, STEP SLIDE TOUCH**

- 2-3 Sway right, left
- 4&5&6& Cross right over left, step left in place, rock right to side, step left in place,  
cross right over left, step left in place
- 7-8& Wide step right to side, slide left together, touch left together

This dance is dedicated to all the Jersey Girls (& Guys) who dance at the Pt Pleasant Elks on Thurs nights and keep our circle of friends moving

Song by Bruce Springsteen performed live with audience participation, is slower tempo also