

Heel Struts Forward.

- 1 - 2 Step Right Heel Forward. Drop Right Toe To Floor Taking Weight.
3 - 4 Step Left Heel Forward. Drop Left Toe To Floor Taking Weight.
5 - 6 Step Right Heel Forward. Drop Right Toe To Floor Taking Weight.
7 - 8 Step Left Heel Forward. Drop Left Toe To Floor Taking Weight.

Slow Jazz Box With Hip Bumps.

- 9 - 10 Cross Right Over Left. Hold.
11 - 12 Step Back Left. Hold.
13 - 16 Step Right To Right Side Bumping Hips - Right, Left, Right, Left.

Diagonal Step Forward & Back With Claps.

- 17 Step Right Large Step Diagonally Forward Right.
18 - 20 Slide Left Beside Right Over 2 Beats. Clap Hands.
21 Step Left Large Step Diagonally Back Left.
22 - 24 Slide Right Beside Left Over 2 Beats. Clap.

Sailor Steps.

- 25 & 26 Cross Right Behind Left. Step Left To Left Side. Step Right To Place.
27 & 28 Cross Left Behind Right. Step Right To Right Side. Step Left To Place.

Side Touch, Hitch 1/4 Turn Left, Side Touch, Hitch.

- 29 Touch Right Heel To Right Side.
30 Hitch Right Knee Turning 1/4 Left On Left Foot.
31 Touch Right Heel To Right Side.
32 Hitch Right Knee Beside Left.