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## AM to PM

48 count, 4 wall, advanced level
Choreographer: Rob Fowler \& Paul McAdam Choreographed to: AM To PM by Christina Millian

## MONTEREY, ROCK \& CROSS, TURNING FLICK, SWIVELS

1-2 Touch right toe to right side, full turn to right on left foot bringing right by left
3\&4 Rock left to left side, rock onto right, cross step left over right
\&5 Touch right toe to right side, $1 / 4$ turn to left on left as you flick right up to rear
$6 \quad$ Step forw ard on right
7\&8 On balls of feet, swivel heels right left right to make a $1 / 2$ turn to the left
COASTER, KICK, TURNING HITCH, SWITCHES, HEEL TWISTS
9\&10 Step back on left, right by left, step forward on left
11\&12\& Kick right forward, kick right heel back, $1 / 4$ turn to right on left foot and hitch right knee, step right by left
13\&14 Touch left to left side, step left by right, touch right to right side
15\&16 Touch right toe forward with heel twisted to left, twist heel to right, twist heel to center

## LOOK DOWN \& UP, KICK, COASTER TURN, KICK-CROSS-UNWIND

\&17 Look down, look forward
18 Kick right foot forward
19\&20 Step back on right, step left by right, turn $1 / 4$ to right on left foot as right foot steps across in front of it
\&21 Step left to left side, cross step right in front of left
22-23 Kick left to left diagonal, cross step left over right
24 Unwind $3 / 4$ turn to right

## OUT-OUT, KNEE ROLLS, ROLL, TRAVELING APPLEJACKS

\&25 Step back and slightly out on right foot, step left to left side
26 Roll right knee in
27\&28 Roll right knee out, in, out
29-30 Step $1 / 4$ turn to left on left foot, $1 / 2$ turn to left on left stepping back on right
31 Make a $1 / 4$ turn to left on right foot stepping left to left side with both toes out
\&32\& Toes in, out, in as you travel to the left

## TURNING STEPS

34-34 Step right diagonally forward, $1 / 4$ turn to left as you touch left by right
35-36 Step left diagonally back, $1 / 4$ turn to left as you touch right by left
37-38 Step right diagonally forward, $1 / 4$ turn to left as you touch left by right
39-40 Step left diagonally back, $1 / 4$ turn to left as you touch right by left

## SKATERS, SHUFFLE, ROCK, 1 ¼ TURNS

41-42 Right skater step traveling slightly forward, left skater step traveling slightly forward
43\&44 Smooth shuffle to right (right, left, right)
45-46 Rock forward left over right, recover onto right
$47 \quad$ Make a $1 / 4$ turn to left stepping forward on left foot
$48 \quad$ Full turn to left on ball of left foot, ending with right by left

## REPEAT

## TAG

Complete dance 4 times. After count 16 on the fifth wall (you will be facing the back) place arms by sides and raise to head height over four beats - then start dance again

## FINISH

You will end the dance facing the back wall, at count 32\&. While doing the applejacks put arms to sides and hold elbow s to sides with arms out - hands facing forwards when your heels are together, hands in and elbows out when toes are together (like the old space invaders!)

