

32 count intro

Section 1 Apple jacks x 2, R Rock back, R Step, L pivot 1/2, Step, Full turn

- 1& Taking weight onto right heel and left toe swivel right toe and left heel to right side. Return feet to centre.
2& Taking weight onto left heel and right toe swivel left toe and right heel to left side. Return feet to centre.
3&4 Rock back on right. Rock forward onto left, step right foot forward
5, 6 Step forward left. Pivot 1/2 turn right, step left foot forward
7, 8 Full turn left, stepping - left, right
Easy options: Make two Pigeon toes instead of Apple jack and walk R, L instead of full turn

Section 2 L Rock, L coaster step, R rock, Modified R sailor step 1/4

- 1, 2 Rock forward on left. Rock back on right
3&4 Step back left. Step right beside left. Step forward left.
5, 6 Rock to right side on right. Rock onto left in place
7&8 Cross right behind left. Step left to left side making 1/4 turn R. Step right forward.

Section 3 L mambo, Right mambo, Wide step, Cross unwind 1/2, Sway

- 1&2 Rock to left side on left. Rock onto right in place, both feet together with weight on left
&3 Rock to right side on right. Rock onto right in place
&4 both feet together with weight on left, left to left side feet apart
5, 6 Cross right behind left. Unwind 1/2 turn right
7, 8 Sway (soft bump) the hips left, right
Easy option: 1-4 Left to left side take weight left, right, left, hold

Section 4 L Chassé, R rock back

- 1&2 Step left to left side. Close right beside left. Step left to left side.
3, 4 Rock back on right. Rock forward onto left.

Section 5 R shuffle forward, L rock step, L Shuffle back, 1/2 toes turt turn,

- 1&2 Step forward right. Close left beside right. Step forward right.
3, 4 Rock forward on left. Rock back on right.
5&6 Step back left. Close right beside left. Step back left.
7, 8 Step right toe back, Pivot 1/2 turn right while dropping right heel taking weight.

Section 6 L shuffle forward, R rock step, R shuffle back 1/4 turn

- 1&2 Step forward left. Close right beside left. Step forward left
3, 4 Rock forward on right. Rock back onto left.
5&6 Step back right. Close left beside right. Step back right.
7, 8 Left foot back, turn 1/4 left

Tag After 4th wall

1/4 pivot, Hip bumps

- 1, 2 Step forward right. Pivot 1/4 turn left and stay in a wide step
3, 4 Left right
5&6 Left right left
7&8 Right, left right

For you loooves heavy countrymusic!
Rock on!
