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Jailbird Rock

32 count, 4 wall, beginner level Choreographer: Diana Dawson (Scotland) April 2007 Choreographed to: Jailhouse Rock by John Dean, CD: Always on My Mind (167 bpm); Baby Likes To Rock It by The Tractors

32 count intro

Section	1 GRAPEVINE RIGHT, HIP BUMPS or TWISTS
1-2	Step right foot to right side, step left foot behind right.
3-4	Step right foot to right side, step left foot beside right
5-6-7-8	Swing (bump) hips - Left, Right, Left, Right
	(Or Twist heels on the spot - Left, Right, Left, Right)
Section	
1-2	Step left foot to left side, step right foot behind left
3-4	Step left foot to left side, step right foot beside left
5-6-7-8	Swing (bump) hips to Left, Right, Left, Right
	(or Twist heels on the spot - Right, Left, Right, Left
Section	3 SIDE STEP, TOUCH x2, STROLL FORWARD, KICK & CLAP
1-2	Step Right foot to right side, touch left foot next to right
3-4	Step Left foot to left side, touch right foot next to left
5-6	Step forward on Right, step forward on Left,
7-8	Step forward on Right, Kick Left foot forward and clap hands
Section	4 STROLL BACK, TOUCH, POINT FORWARD, POINT SIDE, HOOK, ¼ TURN
1-2	Step back on Left, Step back on Right,
3-4	Step back on Left, touch right toes out to right side (weight remains on left)
5-6	Point right toes forward, point right toes out to right side
7	Hook right foot up behind left leg (around left calf)
8	Twist 1/4 turn to left on ball of left foot, (now facing 9 o'clock)

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