

Jail Rock

Count: Part A 32 Part B 32, 2 wall,
beginner/intermediate level

Choreographer: Zena Richards (UK) Mar 02

Choreographed to: Jailhouse Rock by Elvis Presley

SIDE STRUT, CROSS STRUT, ROCK RECOVER, CROSS HOLD

- 1-2 Step right toe to right side, drop right heel taking weight.
- 3-4 Cross left toe over right, drop left heel taking weight.
- 5-6 Rock right to right side, rock onto left in place.
- 7-8 Cross right over left, hold.

SIDE STRUT, CROSS STRUT, ROCK RECOVER, CROSS HOLD

- 1-2 Step left toe to left side, drop left heel taking weight.
- 3-4 Cross right toe over left, drop right heel taking weight.
- 5-6 Rock left to left side, rock onto right in place.
- 7-8 Cross left over right, hold.

STEP HOLD, HOLD HITCH, STEP HOLD, HOLD KNEE OUT

- 1-2 Step right beside left (feet slightly apart), hold.
- 3-4 Hold, hitch left knee.
- 5-6 Step left beside right, hold.
- 7-8 Hold, turn left knee out to the left (for styling: drop left shoulder (think Elvis!!))

KNEE IN HOLD, HOLD HOLD, HIP ROLL, HITCH

- 1-2 Turn left knee in towards the right, hold (weight remains on left).
- 3-4 Hold, hold.
- 5-7 Roll hips anti clockwise over two beats (weight ends on left).
- 8 Hitch right knee.

PART B

RIGHT CHASSE, ROCK RECOVER, LEFT SIDE CHASSE, ROCK RECOVER

- 1&2 Step right to right side, close left beside right, step right to right side.
- 3-4 Rock back on left, rock forward onto right.
- 5&6 Step left to left side, close right beside left, step left to left side.
- 7-8 Rock back on right, rock forward onto left.

¼ TURN TOE STRUT, ½ TURN TOE STRUT, ½ TURN TOE STRUT, FORWARD STRUT

- 1-2 Step right toe ¼ turn to the right, drop right heel taking weight.
- 3-4 Making ½ turn to the right, step back on left toe, drop left heel taking weight.
- 5-6 Making ½ turn to the right, step forward on right toe, drop right heel taking weight.
- 7-8 Step left toe forward, drop left heel taking weight.

CROSS ROCK RECOVER, ¼ TURN KICK, WEAWE RIGHT

- 1-2 Cross rock right over left, rock back onto left.
- 3-4 Step right ¼ turn right, kick left to left side.
- 5-6 Step left behind right, step right to right side.
- 7-8 Cross left over right, step right to right side.

ROCK RECOVER, SIDE STRUT, ROCK RECOVER, POINT FLICK

- 1-2 Rock back on left, rock forward onto right.
- 3-4 Step left toe to left side, drop left heel taking weight.
- 5-6 Rock back on right, rock forward onto left.
- 7-8 Point right to right side, flick right up behind left.

Sequence: A B A B A B B A B A B B
