
HEELS, WIGGLE DOWN, WIGGLE UP

- 1 - 4 Feet together, twist heels to right and return to center, twist heels to right and return to center
5 - 8 Drop left hip down, then drop right hip down, lift right hip up, lift left hip up
9 - 12 Step forward on the right, left, right, and kick left
13 - 16 Step back on the left, right, left, and touch the right toe behind left heel (wing)
17 - 18 Step together, touch left toe behind right heel (wing)

VINES

- 19 - 22 Vine left: step left with left foot, slide right behind left, step left, scuff with right
23 - 26 Vine right: step right with right foot, slide left behind right, step right and touch left toe beside right foot

DIGS

- 27 - 28 Do a left heel dig and in one movement turn 1/4 to the right and do a left toe touch slightly behind right heel
29 - 30 Heel dig, turn 1/4 turn, and toe touch again
31 - 34 Do 2 left heel digs to the front and 2 left toe touches to the back
35 - 38 Step forward on the left, do a right scuff forward, step forward on the right, do a left scuff forward
39 - 42 Step back on the left, right, left and return right home beside the left

REPEAT