

Jack Frost

32 Count, 4 Wall, Beginner

Choreographer: Jo Myers (Krazy Feet) (UK)

December 2010

Choreographed to: Can't Let Go by Lucinda Williams,
CD: Car Wheels On A Gravel Road

1 Right Jazz Box x 2

1 – 4 Cross right over left. Step left back. Step right to right side. Close left beside right.

5 – 8 Cross right over left. Step left back. Step right to right side. Close left beside right.

2 Right Heel Digs, Behind Side Cross, Left Heel Digs, Behind Side Cross

1 – 2 Dig right heel forward twice.

3 & 4 Cross right behind left. Step left to left side. Cross right over left.

5 – 6 Dig left heel forward twice.

7 & 8 Cross left behind right. Step right to right side. Cross left over right.

3 Charleston Step x 2

1 – 2 Sweep right around and touch right toe forward. Step right beside left.

3 – 4 Sweep left around and touch left toe back. Step left beside right.

5 – 6 Sweep right around and touch right toe forward. Step right beside left.

7 – 8 Sweep left around and touch left toe back. Step left beside right.

4 Step, Pivot 1/4, Forward Mambo, Heel Digs, Triple 1/2 Turn

1 – 2 Step right forward. Pivot 1/4 turn left. (9:00)

3 & 4 Rock forward on right. Rock back on left. Step right slightly back.

5 – 6 Dig left heel forward on left diagonal twice.

7 & 8 Triple step 1/2 turn left, stepping – left, right, left. (3:00)

Music download available from Amazon, iTunes
