
WALK, WALK, TOE TUCK, COASTER STEP, KICK-BALL-CHANGE**/Counts 1-4 are the lady's footwork for a west coast swing sugar push**

- 1 - 3 Walk right, left, tuck (touch) right toe
4 Step back on right foot
5 & 6 Coaster step (left-right-left) ending with weight on left foot
7 & 8 Kick-ball-change (right-left-right) ending with weight on left foot

SHUFFLES, PIVOT TURNS, STOMP, HOLD

- 1 & 2 Shuffle right-left-right
3 Step forward on left foot
4 Pivot turn right
5 Step forward on left foot
6 Pivot turn right
7 Stomp left foot next to right foot
8 Hold (shift weight to left foot)

LEG CROSS, HOLD, FULL TURN, TOE HEEL, TOE HEEL

- 1 Cross right foot over left foot
2 Hold
3 - 4 Turn left full turn in place (unwind)
5 - 6 Step on right toe, down on right heel (in place) shifting weight to right foot
7 - 8 Step on left toe, down on left heel (in place) shifting weight to left foot

STEP BACK(S), CROSS, HOLD, 1/2 TURN, STOMP, HOLD

- 1 Step back on right foot
2 Step back on left foot
3 Step back on right foot
4 Step left foot next to right foot (shifting weight to left foot)
5 Cross right foot over left foot
6 Hold
7 Turn 1/2 turn to left (unwind)
8 Hold (shifting weight to left foot)

CROSS STEP, KICK, CROSS STEP, KICK

- 1 Step right foot over left foot (shift weight to right foot)
2 Kick left foot out at 45 degree angle to left
3 Step back (and behind right foot) on left foot (shifting weight to left foot)
4 Step right on right foot
5 Cross left foot over right foot (shift weight to left foot)
6 Kick right foot out at 45 degree angle to right
7 Step back (and behind left foot) on right foot
8 Step left foot next to right foot (shifting weight to left foot)

REPEAT