



It's The Way You Make Me Feel (aka. I.T.W.Y.M.M.F.)

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Intermediate level, phrased dance

Choreographer : David J. McDonagh and Richard J. McDonagh (Wales) Jan 2001

Choreographed to : "It's The Way You Make Me Feel" by 'Steps' (104bpm) (CD: Single)

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Sequence: AB, AC, AB, AC, TAG, AAA

Note: Start dance on vocals, 16 counts from very beginning of track.

This also looks like an extremely complicating dance, but it's not really.

Just make sure you have PART A correct, it's the most important part of the dance.

Alternative music: "Before Me And You" by 'SheDaisy' (108bpm) (CD: The Whole SheBang...Album)

Note: Start dance on vocals, 32 counts from very beginning of track.

If using the alternative music, just dance PART A only.

PART A (Main dance)

1-8 TOE BALL TOUCH x2, HITCH (&), CROSS SHUFFLE, HITCH (&), CROSS SHUFFLE

- 1&2 Touch right toe beside left, step right back to right diagonal, touch left toe forward to left diagonal
& Step left beside right
3&4 Touch right toe beside left, step right back to right diagonal, touch left toe forward to left diagonal
& Step left beside right also hitch/raise right knee (this is an ever so slight jump - it's un-noticable)
5&6 Cross-step right over left, step left to left side, cross-step right over left
& Hitch/raise left knee
7&8 Cross-step left over right, step right to right side, cross-step left over right

9-16 PADDLE TURNS (1 & 1/2) TURN LEFT, HITCH (&), CROSS SHUFFLE, HITCH (&), CROSS SHUFFLE

Note: On vocals "Spinning Around", raise both hands up at shoulder height beside head, palms facing each other, But there is no contact with your head, and this is optional.

- 1& Step right forward, pivot a 1/4 turn left
2& Step right forward, pivot a 1/2 turn left
3& Step right forward, pivot a 1/2 turn left
4 On ball of left turn 1/4 turn left pointing right toe to right side
& Raise/hitch right knee
5&6 Cross-step right over left, step left to left side, cross-step right over left
& Hitch/raise left knee
7&8 Cross-step left over right, step right to right side, cross-step left over right

17-24 WALKS FORWARD, STEP PIVOT [1/2-L], BRUSH STEP BACK, SHOULDER CONTRACT

- 1 Walk forward on right crossing over left
2 Walk forward on left crossing over right
3-4 Step right forward, pivot 1/2 turn left over left shoulder
5&6 Brush left foot forward, hitch/raise right knee, step right behind left (Extended 5th position)
& Contract chest in slightly, shoulders forward, buttocks back, bending both knees slightly arching chest
7 Bend knees further (sitting position)
& While still stuck in this position, straighten legs
8 Now push shoulders back, buttocks forward, chest normal (so you're standing normal now)

Note: Counts &7&8 are similar to the steps in "Cha Cha Loco" by Pedro Machado, Jo Thompson & Alan "Renegade" Livett

25-32 HOOK TURN KICK [1/2-L], BALL [1/4-L] POINT & POINT, CROSS UNWIND, LEFT SHUFFLE

- & Step left beside right
1&2 Hook right behind left, on ball of left spin 1/2 turn left, kick right forward
& Step back on right completing a 1/4 turn left
3&4 Point left toe to left side, step left beside right, point right toe to right side
5-6 Cross-step right over left, unwind 1/2 a turn left
7&8 Step left forward, step right beside left, step left forward.

PARTS B & C

1-8 TURN STEP, ROCK STEP, POINTS, RONDE TURN, SIDE CHASSE

- 1& On ball of left turn 1/2 turn left stepping back on right, step left beside right
- 2& Rock back onto right, rock weight forward onto left
- 3 On ball of left turn 1/4 turn left pointing right toe to right side
- &4 Step right beside left, point left toe to left side
- 5-6 Sweep left toe around to the right while on ball of right turn 1/4 turn right, touching left toe beside right
- 7&8 Step left to left side, step right beside left, step left to left side

9-12 MODIFIED JAZZ BOX [1/4-R]

- 1-2 Step right forward, cross-step left over right
- 4 turn right, step left to left side

3-4 HIP SWINGS, POINTS HOLDS

- 1-2& Swing hips left, swing hips right, step left beside right
- 3-4& Step right to right side while swinging hips left, swing hips right, step left beside right
- 5-6 Point right toe to right side, hold for (1) count
- &7-8 Step left beside right, point right toe to right side, hold for (1) count

Styling: Optional, during the hold beats - splay both hands out to both sides.

Choreographers Note:

Part B are the full 20 counts (1-20)

Part C are the first 16 counts (1-16&).

TAG (slow steps - only danced once)

1-8 MODIFIED MONTEREY TURNS with ROCK STEPS

- 1-2 Point right toe to right side, on ball of left spin 1/2 turn right stepping right beside left
- 3-4 Rock back on left, rock weight forward onto right
- 5-6 Point left toe to left side, on ball of right spin 1/2 turn left stepping left beside right
- 7-8 Rock back on right, rock weight forward onto left

9-16 TURN [1/4-L] HOLD, BACK ROCK, TURN [1/2-L] HOLD, BACK ROCK

- 1 On ball of left turn 1/4 turn left, stepping right beside left
- 2 Hold for (1) count
- 3-4 Rock back on left, rock weight forward on right
- 5 On ball of right turn 1/2 turn right, stepping left beside right
- 6 Hold for (1) count
- 7-8 Rock back on right, rock weight forward on left

17-24 TURN [1/4-L] HOLD, BACK ROCK, SIDE CHASSE, SAILOR TOUCH

- 1 On ball of left turn 1/4 turn left, stepping right beside left
- 2 Hold for (1) count
- 3-4 Rock back on left, rock weight forward on right
- 5&6 Step left to left side, step right beside left, step left to left side
- 7&8 Cross-step right behind left, step left to left side, touch right beside left

25-32 SIDE CHASSE, SAILOR STEP, HIP SWINGS with POINT

- 1&2 Step right to right side, step left beside right, step right to right side
- 3&4 Cross-step left behind right, step right to right side, step left to left side
- 5-6& Swing hips left, swing hips right, step left beside right
- 7-8 Point right toe to right side, hold for (1) count

Styling: Optional, during the hold beat - splay both hands out to both sides.

START AGAIN AND ENJOY!