

It's Shame On You

32 count, 2 wall, beginner/intermediate level

Choreographer: Irene Groundwater (Canada)

April 2006

Choreographed to: Shame Shame Shame by Tina

Charles, CD: Lo Mejor de Jaun Antonio Bergasa

(107 bpm)

32 count intro

1-8 DIAG FWD, LOCK, DIAG FWD, LOCK, DIAG FWD, ½ TURN RIGHT, LOCK, DIAG BACK, LOCK, DIAG BACK

1-2 Right diag forward, Lock Left behind Right

3&4 Right diag forward, Lock Left behind Right, Right diag forward

5-6 Pivot ½ turn right stepping diag back on Left, Lock Right over Left

7&8 Left diag back, Lock Right over Left, Left diag back

(Option – On counts 1 to 4 – Body faces diag left(10:30) and Extend Right hand forward palm down and Left arm back

Right Shoulder raised and looking over Right Shoulder)

(Option – On counts 5 to 8 - Body faces diag left (4:30) and Extend Right hand forward palm down and Left arm back Left Shoulder raised and looking back over Right Shoulder)

9-16 SIDE, HOLD, TOG, SIDE, HOLD, TOG, (FWD SHIMMY, BRUSH,) X 2

1 Stomp Side step Right swinging hips right looking right and shaking finger right

2& Hold, Step Left beside Right looking forward

3 Stomp Side step Right swinging hips right looking right and shaking finger right

4& Hold, Step Left beside Right looking forward

5-6 Right forward with shimmy, Brush Left Ball forward beside Right instep

7-8 Left forward with shimmy, Brush Right Ball forward beside Left instep

(Option – On counts 5 to 8 – Fwd, Brush, Fwd, Brush)

16-24 HIP, HIP, HIP, ½ TURN RIGHT WITH HIP, HIP, HIP, ROTATE, ROTATE

1&2 Right forward raising Right Hip, Lower Right Hip, Raise Right Hip (bring weight forward)

3 Left back making ½ turn right on step and pushing Left Hip back

&4 Push Right Hip forward, Push Left Hip back

5-6 Placing Right Hand behind Right Ear Rotate right hip and R. Elbow forward then to the right

7-8 Placing Left Hand behind Left Ear Rotate left hip and L. Elbow forward then to the left

(Option – On counts 1 - Raise both hands above head, On count 2 - Lower hands)

(Option – On count 3 – Raise both hands above head, On count 4 – Lower hands)

(Option – On count 6 – Look right, On count 6 – Look left)

25-32 FWD, FWD, FWD, ½ TURN LEFT, FWD, STOMP, HOLD, STOMP, SHIFT WEIGHT TO L

1 Right forward (extending Right Shoulder fwd with hands out and palms facing down)

2 Left forward (extending Left Shoulder fwd with hands out and palms facing down)

3&4 Right forward, Left forward making ½ turn left on step, Right forward

5-6 Side Stomp Left (looking left and shaking Left Hand fingers to left), Hold

7-8 Side Stomp Right (looking right and shaking Right Hand fingers to right), Hold (shift weight to

L)

(Option – On count 1 - Right forward sweeping Right Hand over head to the back)

(Option – On count 2 - Left forward sweeping Left Hand over head to the back)

Alternative Tracks:

Shame Shame Shame by Shirley & Co., CD: - Shame Shame Shame, 110 BPM, 32 count intro

Shame Shame Shame by Denise Lasalle, CD: - Rain and Fire, 102 BPM, 32 count intro.

Shame Shame Shame by Mark Collie, CD: - Even the man in the moon is cryin', 80 BPM

Dance starts on the 4th word Shame. – Teach music

This dance won 2nd place in the Non-Country Division of the Van. Vibrations Event, May20, 2006.
