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# It's Cold

Phrased, 64 count, intermediate level Choreographer: Sandra Wilkinson (UK) Sept 2006 Choreographed to: Cold – Whistle Down The Wind, Original London Cast Recording

**Sequence:** ABBABB TAG AAABA Start on lyrics after 16 counts

#### Section A

#### Side ½ turn rock back recover, side drag behind ½ unwind

- 1-2 Step right to right side, ½ turn right, step left foot to side
- 3-4 Rock back onto right, recover onto left.
- 5-6 Step right to right side drag left up to right.
- 7-8 Left foot behind right and unwind ½ turn left.

### Rock fwd and back shuffle back, behind unwind rock, rock.

- 1 -2 Rock forward on right foot, recover onto left,
- 3&4 Shuffle back(R,L,R)
- 5-6 Left foot behind right ½ unwind left
- 7-8 Rock right foot to right side, recover onto left

#### Side behind & cross side, rock back recover chasse left

- 1-2 Step right to right side left foot behind right foot.
- & 3-4 Step right to right side (&) cross left foot over right, step right to right side
- 5-6 Rock back onto left recover fwd onto right.
- 7&8 Chasse to left side (L,R,L)

#### Behind side lock forward, rock fwd and recover ½ turn left

- 1-2 Step right foot behind left, step left foot to side,
- 3&4 Step right foot forward, lock left foot behind right, step forward on right
- 5-6 Rock left foot forward recover back onto right.
- &7-8 Making ½ turn left step forward on left, touch right to left

#### **Section B**

## Heel grind left over right and right over left ,rock forward and recover ,coaster step back.

- &1 -2 Taking weight onto right foot, heel grind left over right take small step to right with right foot.
- &3 -4 Taking weight onto left foot, heel grind right foot over left, take small step to left with left foot.
- &5 -6 Small step to right on right foot, rock forward on left foot, recover back onto right.
- 7&8 Step back on left foot, close right foot to left, step forward on left (coaster step)

## Forward ¼ turn left, slap, ¼ turn slap, side behind rock & cross

- 1-2 Step forward on right foot, make ¼ turn left slap left foot behind right leg with right hand (touch back of head with left hand)
- 3-4 Turn ¼ turn left onto left foot, slap right foot behind left leg with right hand (touch back of head with right hand.
- 5-6 Step right foot to right side, step left behind right,
- 7&8 Rock right foot out to right side recover onto left, cross right foot over left.

# Side behind $\frac{1}{4}$ turn & rock forward & back, sweep behind right & left, coaster step.

- 1-2 Step left to side, step right foot behind left.
- &3-4 Make ¼ turn left onto left foot, rock forward on right foot, recover back on left.
- 5-6 Sweep right foot behind left, sweep left foot behind right (optional scoot back on the sweeps)
- 7&8 Step back on right foot, bring left foot to right, step forward on right. (coaster step)

# Sway forward & back, jazz box side touch.

- 1 -2 Step forward onto left (swaying hips forward ) recover back on right.
- 3-4 Step back on left (swaying hips back) recover forward onto right foot.
- 5-6 Cross left foot over right, step back on right.
- 7-8 Step left foot to side, touch right foot to left.

## 16 count tag after 6<sup>th</sup> repetition

# Full Monterey turn right, rock forward recover, shuffle back, Rock back and recover, shuffle forward.

- 1 -2 Touch right toe to side ½ turn right take right foot to left.
- 3-4 Touch left toe to side, bring left foot to right.
- 5-8 Repeat counts 1-4
- 1 -2 Rock forward on right foot, recover back on left.
- 3&4 Shuffle back on (R,L,R)
- 5-6 Rock back onto left foot, recover forward on right.
- 7&8 Shuffle forward on (L,R,L)