

It's A Heartache

32 Count, 4 Wall, Improver

Choreographer: Marie Sørensen (Sunshine Cowgirl)
(Denmark) December 2013

Choreographed to: It's A Heartache by Derek Ryan,
Album: Dreamers and Believers (iTunes)

Intro: 16 Counts

VINE 1/4 TURN RIGHT, SCUFF, ROCKIN' CHAIR

- 1-2 Step right to right side, cross left behind right
- 3-4 1/4 turn right, step fwd. right, scuff left
- 5-6 Rock fwd. left, recover
- 7-8 Rock back left, recover (03:00)

STEP 1/4 TURN, WEAVE, SWEEP, BEHIND, POINT

- 1-2 Step fwd. left, 1/4 turn right (Weight on right)
- 3-4 Cross left over right, step right to right side
- 5-6 Cross left behind right, sweep right back
- 7-8 Cross right behind left, point left to left side (06:00)

CROSS, POINT, CROSS, POINT, JAZZ BOX, TOUCH

- 1-2 Cross left over right, point right to right side
- 3-4 Cross right over left, point left to left side
- 5-6 Cross left over right, step back on right
- 7-8 Step left next to right, touch right beside left (06:00)

Restart the dance at this point, during wall 4,5, 9 & 10

SIDE, DRAG, ROCK, RECOVER, 1/4 TURN, HOLD, SWAY, SWAY

- 1-2 Step right to right side, drag left up to right
- 3-4 Back rock left, recover
- 5-6 1/4 turn left, step fwd. left, hold
- 7-8 Step right to right side & and sway right, left (03:00)

RESTARTS:

- During wall 4, after 24 counts - Facing 03:00
- During wall 5, after 24 counts - Facing 09:00
- During wall 9, after 24 counts - Facing 12:00
- During wall 10, after 24 counts - Facing 06:00