

Always There

32 count, 4 wall, intermediate level

Choreographer: Irene Groundwater (Canada)

Aug 2003

Choreographed to: Always There by Ross Mitchell,
CD: Gold Latin (116 bpm)

16 count intro

SIDE, ROCK BACK, REPLACE, SIDE STEP

1-2 Side step Left, Rock back on Right Ball

3-4 Replace weight on Left, Side step Right

DRAG, CROSS WITH ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, FORWARD

5-6 Drag Left towards Right, Left crosses over Right turning body ¼ turn right

7-8 Pivot ½ turn right onto Right, Left forward

DRAG, FORWARD, PIVOT ½ TURN LEFT, FORWARD

9-10 Drag Right towards Left, Right forward

11-12 Pivot ½ turn left onto Left, Right forward

PIVOT ¼ TURN LEFT, DRAG, TWO TOE TOUCHES

13-14 Pivot ¼ turn left on Right Ball, Drag Left beside Right

15-16 Touch Left Toe twice in front of Right foot facing left

(Option – On counts 14 to 16 - execute a Body Ripple or forward Body Roll)

HOLD, FWD, ROCK BACK, ROCK FWD

17-18 Hold, Left forward

19-20 Rock back on Right, Rock forward on Left

(Option – On count 18 - Raise Left Hip up, On count 19 - Lower Left Hip,
On count 20 – Raise Left Hip)

DRAG, FWD, ROCK BACK, ROCK FWD

21-22 Drag Right towards Left, Right forward

23-24 Rock back on Left, Rock forward on Right

(Option – On count 22 - Raise Right Hip up, On count 23 - Lower Right Hip,
On count 24 – Raise Right Hip)

DRAG, FWD, FWD, PIVOT ½ TURN LEFT

25-26 Drag Left towards Right, Left forward

27-28 Right forward, Pivot ½ turn left onto Left foot

DRAG, FWD, SIDE, TOG

29-30 Drag Right towards Left, Right forward

31-32 Side step Left, Step Right beside Left

Dedicated to Vicky McCulloch and her special girls from Victoria, B.C. whose moves inspired the options in this dance.
