

## It's A Heartache

32 count, 4 wall, beginner/intermediate level

Choreographer: Helen Born, Nita Lindley & Pat Donley (USA)

Choreographed to: It's A Heartache by Trick Pony

---

### **FULL RIGHT TURN, FULL LEFT TURN, TOUCHES**

1-2-3-4 Begin a full turn to the right traveling right, step right, left, right, touch left next to right

5-6-7-8 Begin a full turn to the left traveling left, step left, right, left, touch right next to left

Option: normal right & left vines in this section

### **ROCK STEPS, ½ TRIPLE TURNING STEPS, POINTS & STEPS**

1-2-3-4 Step diagonally right rock forward on right, rock back on left,  
rock forward on right, rock back on left

5&6-7-8 Over right shoulder ½ turn right, stepping right, left, right,  
point left to left, step left next to right

9-16 Repeat counts 1-8

### **¼ LEFT, SIDE SHUFFLE, ROCK STEP, LEFT GRAPEVINE**

1&2-3-4 Turning ¼ turn left and side shuffle right, left, right, rock back on left, recover on right

5-6-7-8 Step left to left, right slightly behind left, step left, touch right next to left

---