

It Is You

48 Count, 4 Wall, Intermediate

Choreographer: Laura Sway (UK) Oct 2014

Choreographed to: It Is You (I Have Loved) by Dana Glover,

CD: Shrek Soundtrack (107 bpm)

Intro 18 Counts (from end of flute solo) [20 seconds in]

1: Left Twinkle, Right Twinkle 1/2 Turn Right

1 – 3 Cross left over right, step right to right, step left to left

4 – 6 Cross right over left, 1/4 turn right stepping left back, 1/4 turn right stepping right to right

Restart dance here on wall 7 (facing 12:00)

2: Left Twinkle 1/2 Turn Left, Cross Rock, Recover, Side

1 – 3 Cross left over right, 1/4 turn left stepping right back, 1/4 turn left stepping left to left

4 – 6 Cross rock right over left, recover on left, step right to right

3: Weave, Side, Twist Body 1/4 Right

1 – 3 Cross left over right, step right to right, cross left behind right

4 – 6 Step right to right, twist body 1/4 turn right (over two counts, feet stay in place)

Note: Feet will be at 12:00 but body will be facing 3:00

4: 1 1/4 Turn Left, Step, Sweep, Cross

1 – 3 1/2 turn left stepping forward on left, 1/2 turn left stepping back on right,
1/4 turn left stepping left to left [9:00]

4 – 6 Step forward on right, sweep left from back to front, cross left over right

5: Back Basic 1/2 Turn Left, Forward Basic 1/2 Turn Left

1 – 3 Step right back, 1/4 turn left stepping left to left, 1/4 turn left stepping right forward

4 – 6 Step left forward, 1/4 turn left stepping right to right, 1/4 turn left stepping left back

6: Coaster Step, Step, Point Side, Hold

1 – 3 Step right back, step left beside right, step right forward

4 – 6 Step left forward, point right to right, hold

7: Monterey Full Turn Right, Side Rock, Recover, Left Twinkle

1 – 3 Full turn right stepping right beside left, rock left to left, recover on right

4 – 6 Cross left over right, step right to right, step left to left

8: Cross Rock, Recover, Side, Cross, Slow Unwind Full Turn Right

1 – 3 Cross rock right over left, recover on left, step right to right

4 – 6 Cross left over right, unwind full turn right (over 2 counts) [9:00]

Restart Wall 7

Dance first 6 counts then restart dance (you will be facing 12:00)