

Always Mend

32 count, 4 wall, beginner/intermediate level
Choreographer: Audrey Watson (Scotland) Dec 2003
Choreographed to: Broken Hearts Always Mend by
Daniel O'Donnell, CD: Especially For You

Start Dance on Vocals 32 counts from beginning

Left side together fwd hold, Right lock fwd hold, Fwd rock back hold, ½ turn shuffle right hold.

- 1&2 Step Left to left side, step right next left, Step fwd on left, hold for a beat
3&4 Step fwd on right, lock left behind, step fwd on right, hold for a beat.
5&6 Rock fwd on left, step back on right, step back on left, hold for a beat.
7&8 Right ½ turn shuffle stepping right, left, right hold for a beat

Chasse left hold, back rock side hold. Behind side cross hold, side rock ¼ turn left tog hold.

- 1&2 Step left to left side, step right next left, step left to left side, hold for a beat.
3&4 Rock right back behind left, step forward on left, step right to right side, hold for a beat.
5&6 Step left behind right, step right to right side, Cross left over right, hold for a beat.

Restart Dance here on for fourth repetition

- 7&8 Rock right to right side, rock weight on to left turning ¼ left, step right next left, hold for a beat.

Left side together fwd hold, Fwd rock back hold, Back rock fwd hold, Side rock ¼ turn tog hold.

- 1&2 Step Left to left side, step right next left, Step fwd on left, hold for a beat
3&4 Rock fwd on right, step back on left, step back on right, hold for a beat.
5&6 Rock back on left, step fwd on right, step fwd on left, hold for a beat.
7&8 Rock right to right side, rock weight on to left turning ¼ turn left, step right next left, hold for a beat.

Chasse left hold, back rock side hold. Behind side cross hold, side rock ¼ turn left tog hold.

- 1&2 Step left to left side, step right next left, step left to left side, hold for a beat.
3&4 Rock right back behind left, step forward on left, step right to right side, hold for a beat.
5&6 Step left behind right, step right to right side, Cross left over right, hold for a beat.
7&8 Rock right to right side, rock weight on to left turning ¼ left, step right next left, hold for a beat.

Restart: Section two on the fourth repetition Dance up to 3&4

5&6 Step left behind right, step right to right side, touch left toe next right foot.