

It Gets Hard Out Here

IMPROVER

31 Count 4 Walls

Choreographed by: Steen Gindeberg & Ulla Jespersen

Choreographed to: Hard Out Here by Garrett Hedlund

1 R HEEL TAPS, TOGETHER, L HEEL TAPS, TOGETHER, CROSS, BOUNCE 1/4 LEFT ON 3 COUNTS

1 - 2 & Tap Right heel forward twice, Right together

3 - 4 & Tap Left heel forward twice, Left together

5 Cross Right over Left

6 - 8 1/4 turn Left, bouncing heels on both feet

2 L HEEL TAPS, TOGETHER, R HEEL TAPS, TOGETHER, CROSS, BOUNCE 1/4 RIGHT ON 3 COUNTS

1 - 2 & Tap Left heel forward twice, Left together

3 - 4 & Tap Right heel forward twice, Right together

5 Cross Left over Right

6 - 8 1/4 turn Right, bouncing heels on both feet, end weight on Right

3 LEFT ROCKING CHAIR, MONTEREY 1/2 TURN LEFT CROSS

1 - 4 Rockstep forward Left, recover on Right, rock back on Left, recover on Right

5 - 6 Point Left to Left side, 1/2 turn Left and step Left together

7 - 8 Point Right to Right side, cross Right over Left

4 SYNCOPATED VINE LEFT, STOMP, 1/4 TURN LEFT, (JUMPING) BACK ROCK

1 - 2 Step Left to Left side, cross Right behind Left

& 3 - 4 Step Left to Left side, cross Right over Left, stomp Left together

5 - 6 Step forward Right, 1/4 turn Left (weight on Left)

7 - 8 Rock back on Right, recover onto Left

Option: count 7-8: Jump back on Right, kicking Left forward, recover onto Left**ENDING****On Wall 9, section 4, count 5-8+1:****Step forward on R, 1/2 turn left, back rock R, recover on L, step forward R**