

Isle Of Paradise

32 count, 4 wall, beginner/intermediate level
Choreographer: Audrey Watson (Scotland) Dec 2006
Choreographed to: Isle of Paradise (Radio Edit) by
Blue Lagoon (103 bpm)

32 Count intro

SIDE STRUT, BACK ROCK, SIDE ROCK, BACK ROCK, STEP BEHIND 1/4 TURN, STEP 3/4 TURN, TOUCH.

- 1&2& Step left toe to left side, drop heel to floor, rock back on right behind left, rock fwd on left.
3&4& Rock right to right side, recover on left, rock right back behind left, recover fwd on left.
5&6 Step right to right side, cross left behind right, turn 1/4 right stepping fwd on right.
7&8 Step fwd on left, pivot 1/2 turn right, turn 1/4 right touching left toe to left side.

BACK, ROCK, TOUCH, BACK COASTER STEP, STEP PIVOT STEP, FULL TURN

- 1&2 Rock back on left, recover fwd on right, touch left toe to left side.
3&4 Step back on left, step right next left, step fwd on left.
5&6 Step fwd on right, pivot 1/2 turn left, step fwd on right.
7-8 Turn 1/2 right stepping back on left, turn 1/2 right stepping fwd on right.

SIDE TOG FWD, SIDE TOG BACK, BACK LOCK STEP, SAILOR 1/4 TURN

- 1&2 Step left to left side, close right next left, step fwd on left.
3&4 Step right to right side, close left next right, step back on right
5&6 Step back on left, cross right over left, step back on left.
7&8 Turn 1/4 right sweeping right out and round behind left, step left to left side, step right to right side.

CHASSE LEFT, BACK ROCK KICK & CROSS SHUFFLE, BACK SIDE CROSS.

- 1&2 Step left to left side, close right next left, step left to left side.
3&4& Rock back on right, recover fwd on left, kick right foot fwd, step right next left.
5&6 Cross left over right, step right to right side, cross left over right.
7&8 Step back on right, step left to left side, cross right over left.

Music download available from napster
