



Music updated for 2012

Approved by:

Karen Jones

Islands In The Stream 2012

4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Side, Back Rock, Chasse Right, Cross, Unwind Full Turn, Chasse Left		
1 – 3	Step left to left side. Rock right back behind left. Recover onto left.	Side Back Rock	Left
4 & 5	Step right to right side. Close left beside right. Step right to right side.	Chasse Right	Right
6 – 7	Cross left over right. Unwind full turn right (weight ends on right).	Cross Unwind	Turning right
8 & 1	Step left to left side. Close right beside left. Step left to left side.	Chasse Left	Left
Section 2	Back Rock, Kick Ball Cross, Side Rock, Sailor Step		
2 – 3	Rock right back behind left. Recover onto left.	Rock Back	On the spot
4 & 5	Kick right diagonally forward. Step ball of right slightly back. Cross left over right.	Kick Ball Cross	Right
6 – 7	Rock right to right side. Recover onto left.	Side Rock	On the spot
8 & 1	Cross right behind left. Step left to left side. Step right to place.	Right Sailor	
Section 3	Sailor 1/4 Turn, Forward Shuffle, 1/2 Turn, Hold, Back Rock		
2 & 3	Cross left behind right. Step right 1/4 turn left. Step left in place.	Sailor Turn	Turning left
4 & 5	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
6 – 7	On ball of right pivot 1/2 turn right stepping left back. Hold.	Turn Hold	Turning right
8 – 1	Rock back on right. Recover onto left.	Rock Back	On the spot
Section 4	Prissy Walks, Front Crossing Sailor Step, Syncopated Jazz Box		
2	Step right forward across left, angling body to left diagonal.	Right	Forward
3	Step left forward across right, angling body to right diagonal.	Left	
4 & 5	Cross right over left. Step left to left side. Step right to place.	Front Sailor	On the spot
6 – 7	Cross left over right. Step right back.	Cross Back	Back
& 8	Step left slightly back. Cross right over left.	& Cross	

Choreographed by: Karen Jones (UK) 1999

2012 track:

'Music Sounds Better' by Big Time Rush feat Mann;
download available from Amazon

Special thanks:

To Dave Baycroft for suggesting this 2012 track



A video clip of this
dance is available at
www.linedancermagazine.com