

Island Dreams

32 count, 1 wall, absolute beginner level
Choreographer: Debbie Hurm (Feb 2008)
Choreographed to: Shiftwork by Kenny Chesney &
George Strait, CD: Just Who I Am: Poets &
Pirates

SIDE STEP, TOUCH HEEL, SIDE STEP, TOUCH HEEL

- 1-2-3 Step right to right, step left together, step right to right
- 4 Touch left heel to left front diagonal
- 5-6-7 Step left to left, step right together, step left to left
- 8 Touch right heel to right front diagonal

BACK RIGHT-LEFT-RIGHT, FLICK, FORWARD RIGHT-LEFT-RIGHT, TOUCH

- 1-2-3 Step back right, left, right
- 4 Flick left foot out to left side
- 5-6-7 Walk forward left, right, left
- 8 Touch right toe back to right diagonal

SIDE STEP, TOUCH HEEL, SIDE STEP, TOUCH HEEL

- 1-2-3 Step right to right, step left together, step right to right
- 4 Touch left heel to left front diagonal
- 5-6-7 Step left to left, step right together, step left to left
- 8 Touch right heel to right front diagonal

FORWARD RIGHT-LEFT-RIGHT, FLICK, BACK LEFT-RIGHT-LEFT, FLICK

- 1-2-3 Walk forward right, left, right
- 4 Flick left foot out to left side
- 5-6-7 Step back left, right, left
- 8 Flick right foot out to right side

STYLING

Arm movements can be added when beginners learn foot movements. Moving arms in circular motion when stepping sideways, forward, and backward with double arms flicking up and back on foot flicks adds more fun to the dance.

Music download available from iTunes
