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- 1 - 4 Bump hips right, right, left, left as you roll hand up twice and down twice as you bend body up then down
- 5 - 8 Vine right, touch left and bump hips right and clap
- 9 - 12 Repeat 1-4 reversing hip movement
- 13 - 16 Vine left, 1/4 turn left-touch right/clap and bump left

LINES CROSS

- 17 - 18 Side step right, step left behind right
- 19 - 20 Side step right, step left across right
- 21 - 22 Step forward right and sway hips right, pivot 1/8 left and sway hips left
- 23 - 24 Step forward right and sway hips right, pivot 1/8 left and sway hips left

/Now facing opposite line

- 25 - 27 Step forward right, left, right
- 28 Kick forward left-slap hands with 2 people in opposite line and yell "hey mon"
- 29 - 31 Step back left, right, left
- 32 Touch right and yell "go mon"

REPEAT