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Is You Is Or Is You Ain't

32 count, 4 wall, beginner/intermediate level
Choreographer: Rick & Deborah Bates (USA)
Oct 2001

Choreographed to: Lipstick, Powder & Paint by
Delbert McClinton; Ain't Nobody Here But Us
Chickens by Asleep At The Wheel' Lipstick Powder &
Paint by Delbert McClinton

Heel/Toe Struts, Heel Taps

- 1 - 2 Step forward on heel of LEFT foot; Step down onto ball of LEFT foot
- 3 - 4 Tap Left heel twice and shift weight to LEFT foot
- 5 - 6 Step forward on heel of RIGHT foot; Step down onto ball of RIGHT foot
- 7 - 8 Tap Right heel twice and shift weight to RIGHT foot

Vine Left with 1/4 Turn, Scuff, Cross, Step Back, Modified Monterey Turn

- 9 - 10 Step to the left on LEFT foot; Cross RIGHT foot behind Left and step
- 11 - 12 Step a 1/4 turn to the left on LEFT foot; Scuff RIGHT foot next to Left
- 13 - 13 Cross RIGHT foot over Left and step; Step back on LEFT foot
- 15 - 16 Touch RIGHT toe to the right; Pivot a 1/4 turn CW on ball of Left foot and step RIGHT foot next to Left

Toe Touches, Side Step Left, Touch, CCW Military Pivot, CCW Military Turn

- 17 - 18 Touch LEFT toe to the left; Touch LEFT toe next to Right
- 19 - 20 Step to the left on LEFT foot; Touch RIGHT foot next to Left
- 21 - 22 Step forward on RIGHT foot; Pivot 1/2 turn CCW on ball of Right foot and shift weight to LEFT
- 23 - 24 Step forward on RIGHT foot; Pivot 1/4 turn CCW on ball of Right foot and shift weight to LEFT

Step, Slide, Step, Scuff, CW Military Pivots

- 25 - 26 Step forward on RIGHT foot; Slide LEFT foot next to Right and step
- 27 - 28 Step forward on RIGHT foot; Scuff LEFT foot next to Right
- 29 - 30 Step forward on LEFT foot; Pivot 1/2 turn CW on ball of Left foot and shift weight to RIGHT
- 31 - 32 Step forward on LEFT foot; Pivot 1/2 turn CW on ball of Left foot and shift weight to RIGHT